I hope our first newsletter in a few years finds you happy and healthy. The Department of Health, Human Performance and Recreation (formerly Health and Leisure) continues to grow and prosper. During the last two years, we have received reaccreditation of both the physical education and the athletic training education program (ATEP). We have received initial accreditation for the undergraduate program in sports management and all graduate options in sport management.

Our recreation program, which was among the first to be accredited, is up for reaccreditation this spring. The undergraduate programs in exercise science and health promotion continue to thrive.

The interdisciplinary Master of Science in nutrition and exercise science is growing by leaps and bounds. This innovative graduate degree is offered in collaboration with the Department of Human Environmental Studies.

We are excited to gain or regain contact with you! The Department of Health, Human Performance and Recreation now represents alumni from the current department and the former Departments of Health and Leisure, Physical Education and Health and Physical Education and Recreation.

Our department newsletter contains the most recent departmental news and can be found online at semo.edu/health/alumni.htm. Newsletters will be released three times a year.

Please remember to update your information online and share news with fellow alumni. We also have opportunities for you to offer mentoring, internships or employment to current students. Please contact us if you are interested. If we can do anything to help you, please feel free to contact us.

Sincerely,

Joe Pujol
Department Chair
Student Presentations Accepted at Regional NATA Conference

Three undergraduate athletic training students were accepted to present their papers at the Mid America Athletic Trainer’s Association meeting March 27-29 2014 in Des Moines, Iowa.

Randa Hart, senior, presented on “Bimalleolar Fracture in a College Football Player.”

Allyson Mathis, junior, presented a poster on “Cavernoma in a Female Soccer Player.”

Alex Forsythe, junior, presented a poster on “Alternative Treatment Methods for Turf Toe in a Female Gymnast.”

Southeast Wins Central States ACSM Quiz Bowl

Southeast’s exercise science team won the Student Quiz Bowl at the Central States Chapter of the American College of Sports Medicine Conference in October 2013.

The team consisted of seniors Anthony Meyer, David Miller and Kenna Echols.

Meyer, Miller and Echols won the right to compete at the Student Quiz Bowl at the National American College of Sports Medicine Conference in Orlando, May 2014.

The Central States Chapter will fund travel, and registration will be waived by the national organization.

In Orlando, students will compete against national and international undergraduate teams. The team edged out teams from the University of Arkansas, University of Kansas, Rockhurst University, Baker University, University of Central Oklahoma and University of Central Missouri to take the victory.

BSAT Recognized at Southeast

This year students enrolled in the ATEP at Southeast will have the opportunity to graduate with a Bachelor of Science in athletic training (BSAT). Southeast is excited to offer this degree to students as part of a mandate from CAATE in 2014.

Senior athletic training students will attend the Mid-America Athletic Trainers Associate’s 35th annual symposium in Des Moines, Iowa March 27-29, 2014.

Three Southeast students will present posters and give oral presentations. Alumni are encouraged to support our students as they represent their programs.

ATEP is also happy to introduce the new Clinical Education Coordinator Kyle Schneider. Schneider comes from a position as clinical coordinator at Concord University, W.V.

The program is keeping a close watch on current recommendations from NATA regarding possible changes to entry-level master’s degrees for programs. Southeast is prepared to make necessary changes to programs with any mandate from CAATE.

NES Grad Students Present at National ACSM

Nutrition and exercise science graduate assistants William Miller and Majid Abdul submitted abstracts for the National ACSM conference in May 2014.

Both students presented papers at the Central States ACSM Conference in October 2013.

Miller’s paper is titled “Predicting Maximal Oxygen Consumption in Normal Weight Cyclists Using Lean Leg Mass.”

Abdul’s paper is titled “Muscle Activation During Push-ups Performed in a Stable and Unstable Environment in Female Collegiate Soccer Players.”
Faculty Highlight: Annette Slattery

Instructor of Physical Education

Education:

M.A.T. Physical Education, Southeast Missouri State University, 1984
B.S. Southeast Missouri State University, 1975

Slattery has been an instructor in the Department of Health, Human Performance and Recreation since 2008 and works in the area of physical education pedagogy. She is an advisor of Physical Education Majors (PEM) club as well as the Tennis and Yoga club. She is a Southeast District Representative for Missouri Association of Health, Physical Education, Recreation and Dance and also a member of the U.S. Tennis Association, Aerobics and Fitness Association of America. She has co-presented at the MOAHPERD conference in Lake Ozark, Mo., and Quality Health and Physical Education for the Southeast District. Her work has been published in several academic journals. Slattery lives in Cape Girardeau with her husband and two sons.

Faculty Highlight: Kyoung Tae Kim

Assistant Professor of Recreation and Sport Management

Education:

Ph.D. Indiana University, Bloomington, 2012
M.A. Seoul National University, Seoul, Korea, 1996

Dr. Kim has been assistant professor of recreation and sport management for three years at Southeast. His research focuses on management issues in sport and recreation organizations, studies for marginalized populations in the sport/leisure industry and research methods and measurement issues in sport management and leisure. Dr. Kim's work has been published in a variety of academic journals. He has also presented his research at the National Recreation and Park Association Conference as well as several sport management conferences. Dr. Kim grew up in Seoul, Korea and enjoys playing tennis and golf.
Retirements

The Department of Health, Human Performance and Recreation has seen three retirements in recent years.

Dr. Tim Rademaker, Associate Professor Emeritus of physical education, retired in 2010 with more than 30 years of service to Southeast. He continues to teach sport psychology and is also the pole vault coach for Southeast's Track & Field team.

Dr. Ed Leoni, Professor Emeritus of recreation, retired in 2011. Dr. Leoni was the founding chair of the Department of Health and Leisure. He served two terms as department chair and started the recreation program. Dr. Leoni won the Faculty Merit Award in 2005 while serving as faculty athletic representative.

Dr. Dan Beard, Assistant Professor of physical education, retired in 2013. Dr. Beard enhanced the adapted physical education class by expanding the experimental learning component in cooperation with the faculty at Jackson and Cape Central Schools. He served the department admirably as the liaison to the College of Education.

A Letter from the Management Coordinator

It gives me great pleasure to write this inaugural health management coordinator’s report for the newsletter. I hope the report will be something we can utilize to keep in touch with health management graduates in the years to come. The Southeast health management faculty is very fortunate to continually have such great students to work with both exercise science and health promotion.

We are thrilled to hear of your successes, both personal and professional. Unfortunately some of us tend to disappear when you graduate. We encourage you to contact your former advisor and communicate information about where you are and what you are doing. One of my goals is to feature a graduate from each option in each upcoming newsletter. We would get your consent before we feature you.

We are fortunate to have a stable faculty and although Dr. Ron Williams resigned from our faculty in 2010, we have had faculty at Southeast that many other universities would envy. We currently have about 280+ students in the major, and we are constantly keeping abreast of changes in the health management disciplines. We are committed to maintaining Southeast’s excellent academic reputation along with goals for improvements.

The human performance laboratory recently purchased a new metabolic cart, resting metabolic rate machine and treadmill. With these purchases the department is continuing to educate students on state-of-the-art equipment.

If you can think of areas in which we can improve our academic programs please contact us. We encourage constructive criticism!

Sincerely,

Dr. Jeremy Barnes, Unit Coordinator

For more information on how you can get involved as an alumnus or support the Department of Health, Human Performance and Recreation, Amanda Lincoln, director of development with the Southeast Missouri University Foundation at alincoln@semo.edu or (573) 986-6815.