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<tr>
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<tr>
<td>Wednesday</td>
<td>1/25/17</td>
<td>12:00-1:00 PM</td>
<td>Planning for Now</td>
<td>UC Indian Room</td>
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<tr>
<td>Wednesday</td>
<td>2/8/17</td>
<td>12:00-1:00 PM</td>
<td>Learning How to Learn</td>
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<td>Financial Literacy: Consumer Protection</td>
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<td>The Importance of Mentoring: Paving the Way for Professional Success</td>
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**Academic Support Centers**

**College Success and Financial Responsibility Seminars**

**Spring 2017 Schedule**

**Educational Access Programs**

UC 202  
573-986-6135  
http://www.semo.edu/eap

**Learning Assistance Programs**

Kent Library 412  
573-651-2861  
http://www.semo.edu/lap/

**TRIO-McNair Scholars Program**

UC 202  
573-986-6117  
http://www.semo.edu/mcnair

**TRIO-Student Support Services**

UC 206  
573-651-2512  
http://www.semo.edu/sss
1) Planning for Now
1/25/17 UC Indian Room 12:00-1:00 PM
Do you really know what you want to do once you walk across that stage and receive your degree? This presentation will explore strategies for defining goals, targeting and researching employers, networking, and generating interviews. Come to this seminar prepared to think outside the box and ready to explore what your true ambitions and goals are!

2) Learning How to Learn
2/8/17 UC Indian Room 12:00-1:00 PM
Ever wonder why some find it so much easier to understand a subject matter? What about those time when you go in to take a test that you think you're really well prepared for and you bomb it. What happened? This presentation will help explain those situations and how you can prepare better in the future.

3) Financial Literacy: Consumer Protection
2/22/17 UC Indian Room 12:00-1:00 PM
This presentation will focus on what to watch for making buying decisions, how to protect private information, and scams that may affect students’ everyday lives and how to handle those situations if they arise.

4) The Budget Zone
3/8/17 UC Indian Room 12:00-1:00 PM
This seminar teaches participants about the importance of budgeting, savings, how to set personal financial goals and how to stick with them. Attendees will also receive a workbook that includes a Sample Budget Worksheet so students can plug in their personal expenses and discover areas to cut back on spending and save money.

5) Staying Fit Through It All: Fitness in College
3/22/17 UC Indian Room 12:00-1:00 PM
This presentation will discuss how to keep yourself motivated and active while dealing with the stressors of college life. It will also put emphasis on what things you can do on your own and what services the Recreation Center offers to help you through the Spring Semester.

6) The Importance of Mentoring: Paving the Way for Professional Success
4/5/17 UC Heritage Room 12:00-1:00 PM
Everyone wants to be successful right? Having a mentor can help guide you in becoming the successful person you want to be. This seminar will emphasize the importance of having a mentor relationship while in college while also discussing ways to seek out and utilize your mentor in your present and future planning.

7) Dollars & Sense
4/19/17 UC Indian Room 12:00-1:00 PM
This presentation will address the importance of credit cards and risk management, debt to income and loan to value ratios. Other items that will be discussed are the philosophy of finance and how the credit scoring systems are formalized.

8) Finals Week Prep 101
5/3/17 UC Indian Room 12:00-1:00 PM
This seminar will offer tips on how to prepare and pass end of the semester finals. A panel of Learning Assistants, SI Leaders and Faculty will discuss their own challenges and successes while studying for finals and answer questions from participants on how to best prepare for your upcoming finals.