ACADEMIC GUIDE

College of Liberal Arts

Department of Psychology

Academic Year
2017 – 2018
BACHELOR OF SCIENCE
PSYCHOLOGY

The overall goal of the Bachelor of Science program in Psychology is to provide a common set of learning experiences for students who wish to pursue graduate studies in psychology or a career in health care with the baccalaureate degree. Learning experiences are stressed through student involvement in scientific research and psychological internships. This program in psychology can be quite valuable to pre-professional students in fields such as dentistry, medicine, and the law. The program promotes an understanding of scientific methods of attaining knowledge and analyzing information, which are valuable to all of the professions.

DEGREE REQUIREMENTS

I. University Studies Requirements ..................................................42 credit hours
   UI100 First Year Seminar .........................................................(3)
   Composition Course (EN 100) ....................................................(3)
   Artistic Expression ................................................................ Any course (3)
   Literary Expression ................................................................ Any course (3)
   Oral Expression ........................................................................ Any course (3)
   Written Expression .................................................................. Any course (3)
   Behavioral Systems .................................................................. Any course (3)
   Living Systems ......................................................................... Any course (3)
   Logical Systems ....................................................................... Any course (3)
   Physical Systems ....................................................................... Any course (3)
   Development of a Major Civilization ...................................... Any course (3)
   Economic Systems ..................................................................... Any course (3)
   Political Systems ....................................................................... Any course (3)
   Social Systems .......................................................................... Any course (3)

Psychology Major: Minimum Required Hours ..................................36 credit hours
Note: all 300+ level PY courses require completion of 45 hours

II. Psychology Core* ..................................................................... 18 credit hours
   PY102 Introduction to Psychology ..............................................(3)
   PY103 Career Development in Psychology ................................(3)
   PY230 Ethics and Diversity in Psychology ..................................(3)
   PY271 Research Design and Analysis I .................................(3)
   PY370 Research Design and Analysis II
(error in listing, likely intended as PY271) 
   (prerequisites: PY102, PY103, PY230 & PY271) ....................(3)
   PY489 Advanced Topics in Psychology
   (prerequisites: PY370 and completion of the Extended Core) ........(3)
   -OR-
   PY497 Historical Development of Psychology
   (prerequisites: PY370 and completion of the Extended Core) ........(3)

* A grade of C or better is required for each course in the Core.
III. Extended Core ...........................................................................................................12 credit hours
One Course from Each of the Following Four Areas is Required:
A. Basic/Cognitive Processes .................................................................3 hours
   PY362 Learning and Memory .................................................................(3)
   PY460 Cognitive Processes (prerequisite: one psychology course) ........(3)
   PY466 Introduction to Physiological Psychology ............................(3)
B. Clinical/Personality ..............................................................................3 hours
   PY432 Introduction to Personality ......................................................(3)
   PY440 Abnormal Psychology .............................................................(3)
C. Developmental Psychology ...............................................................3 hours
   PY120 The Child: Development From Conception to Adolescence ....(3)
   PY220 Psychological Development Across the Life Span ...............(3)
   PY222 Development of the Adolescent .............................................(3)
D. Social/Applied Psychology .................................................................3 hours
   PY250 Applied Psychology .................................................................(3)
   PY358 Social Psychology .................................................................(3)

IV. Electives ...........................................................................................................6 credit hours
Choose two additional courses from the following list:
(PY484 and PY495 may be taken only once to satisfy this option requirement. For
PY484 a mentor is required; for PY495 contact Mrs. Delgado or Dr. Guiling)

   PY250 Applied Psychology .................................................................(3)
   PY251 Industrial and Organizational Psychology ...............................(3)
   PY301 Cross-Cultural Psychology .....................................................(3)
   PY325 Psychological Development of the Family ............................(3)
   PY329/529 Psychology of Death and Dying ....................................(3)
   PY353 Social Cognition .................................................................(3)
   PY358 Social Psychology .................................................................(3)
   PY359 Psychology and the Law .........................................................(3)
   PY362 Learning and Memory .............................................................(3)
   PY366 Introduction to Sensation and Perception .............................(3)
   PY432 Introduction to Personality ......................................................(3)
   PY440 Abnormal Psychology .............................................................(3)
   PY441 Introduction to Clinical Psychology .......................................(3)
   PY442 Psychotherapy .................................................................(3)
   PY444 Childhood Psychopathology (prerequisite: PY120/CF120 or PY220) ....(3)
   PY460 Cognitive Processes (prerequisite: one psychology course) ........(3)
   PY466 Introduction to Physiological Psychology ............................(3)
   PY484 Advanced Research in Psychology* .....................................(3)
   PY495 Internship in Psychology** .....................................................(3)
   PY525 Maturity and Aging .................................................................(3)
   PY531 Psychological Testing ............................................................(3)
   PY555 Health Psychology .................................................................(3)

*Prerequisite (with a grade of C or better): PY370
**Prerequisites: completed 18 hours of PY courses; minimum PY GPA of 2.50
V. **Minor Required** .......................................................... 15-21 credit hours

VI. **Electives** ................................................................................................. To total 120 hours

**ADDITIONAL REQUIREMENTS AND POLICIES**

I. **Advanced Research in Psychology:** PY484 is offered as a psychology elective. Students who select this option will make a mutual agreement with a faculty mentor before registering for the course and will develop a research topic and plan. Students may use the Participant Pool described below for their research.

   A significant student research project may be the basis for Academic Distinction in the Major. Academic Distinction requires that the student and a faculty mentor/supervisor establish a committee that reviews a research proposal and evaluates the final research project. Details of the procedure are available online at: http://www.semo.edu/commencement/academic-distinction-forms.html

II. **Participant Pool:** The psychology department maintains a pool of participants to be available for research projects conducted by students in PY484 and members of the department faculty. Students in PY101 and PY102 are required to participate in the Participant Pool or complete an alternative activity. This research participation is a component of the course grade.

III. **Computer Lab:** The department maintains an up-to-date computer laboratory in SC319 that consists of 20 computer stations, which are fully networked and allow students to use word processing, email, Internet, and statistical analysis software. Computing is a component of all core courses in psychology. The lab is available during hours scheduled by course instructors and during open hours when a computer assistant is available.
STUDENT ORGANIZATIONS

Psi Chi, The International Honor Society in Psychology
Office and Lounge in SC320
Advisor: Dr. Jeremy Heider

Membership in Psi Chi is by invitation only to students who meet academic requirements. This organization provides opportunities for students to become involved in the discipline and profession of psychology. The Southeast Missouri State University chapter of Psi Chi received the 1996 Ruth Hubbard Cousins Award from the Psi Chi National Organization and the American Psychological Association. This award is for the best chapter in the nation.

Psychology Club
Office and Lounge in SC320
Advisor: Mrs. Laura Delgado

Membership in the Psychology Club is open to all interested students. This organization provides opportunities for students to become involved in the discipline of psychology.

FACULTY

Paula Bice, Assistant Professor of Psychology
Office: Scully 405B Phone: 651-2446 E-mail: pbice@semo.edu
Identifying factors (genetic, environmental, etc.) that influence alcohol and drug abuse

Scott Brandhorst, Instructor of Psychology
Office: Scully 427B Phone: 986-4991 E-mail: sbrandhorst@semo.edu
Abnormal psychology, adolescence, assessments, clinical psychology, and substance abuse among adolescents

Eu Gene Chin, Assistant Professor of Psychology
Office: Scully 405E Phone: 651-2133 E-mail: echin@semo.edu
Help-seeking behaviors, treatment initiation, treatment engagement, anxiety, mood, & trauma- and stressor-related disorders, evidence-based assessments, evidence-based psychotherapies

Catherine Chou, Assistant Professor of Psychology
Office: Scully 427G Phone: 651-2453 E-mail: cchou@semo.edu
Developmental psychology, cross-cultural psychology, parenting, decision making, risk-taking behavior, adolescence and emerging adulthood

Laura Delgado, Instructor of Psychology
Office: Scully 427D Phone: 651-2422 E-mail: ldelgado@semo.edu
Developmental psychology, techniques of teaching psychology

Jennifer Gadberry, Instructor of Psychology
Office: Sikeston Regional Campus Phone: (573) 472-3210 E-mail: jmgadberry@semo.edu
Child development and child psychopathology
Shawn Guiling, Instructor of Psychology
Office: Scully 427E Phone: 651-2450 E-mail: sguiling@semo.edu
Student engagement, teacher/adult - student/child relationship and bond development, resilience in children and adolescents

Jeremy Heider, Associate Professor of Psychology
Office: Scully 414 Phone: 651-2437 E-mail: jheider@semo.edu
Implicit and explicit forms of stereotyping and prejudice, the influence of stereotypes on social memory, sex differences in reactions to infidelity, best practices in obtaining informed consent

John Humrichouse, Instructor of Psychology
Office: Sikeston Regional Campus Phone: (573) 472-3210 E-mail: jhumrichouse@semo.edu
Affectivity, emotional expressivity, affective empathy, personality development and stability, convergence in self- and other-ratings (self-other agreement), psychometrics and scale development

Lesly Krome, Assistant Professor of Psychology
Office: Scully 427F Phone: 651-2447 E-mail: lkrome@semo.edu
Recruitment methodology, diversity, justice perceptions in the workplace, gender differences, generational differences, work-family facilitation

Stephen Nettelhorst, Assistant Professor of Psychology
Office: Scully 405F Phone: 651-2432 E-mail: snettelhorst@semo.edu
Human-computer interaction, cyberpsychology, online influence, online cognition, online behavior, media psychology, consumer psychology

Melissa Odegard-Koester, Interim Department Chair and Associate Professor of Counseling
Office: Scully 404A Phone: 651-2835 E-mail: modegard@semo.edu
Clinical mental health counseling, clinical supervision, incorporating social justice paradigms into clinical practice, advocacy in counseling, academic leadership, and a variety of clinical practice modalities such as hypnosis, expressive arts, and popular culture interventions

Gail Overbey, Professor of Psychology
Office: Scully 427C Phone: 651-2254 E-mail: goverbey@semo.edu
Competence, coping, risk, vulnerability in children and adolescents, evaluation and treatment of families and children experiencing problems, the effects of prematurity on later development

D’Arcy Reynolds, Assistant Professor of Psychology
Office: Scully 405G Phone: 986-6761 E-mail: dreynolds@semo.edu
Professor-Student rapport in online teaching, therapeutic alliance and session impact in text online therapy, media representations of psychological therapy in popular media

Alison Whiteford Dumerall, Assistant Professor of Psychology
Office: Scully 405D Phone: 651-2436 E-mail: awhiteford@semo.edu
Language and memory, cognitive demands of producing and understanding metaphoric language, embodied cognition, the development of expertise in writing

Nic Wilkins, Assistant Professor of Psychology
Office: Scully 405C Phone: 651-2452 E-mail: nwilkins@semo.edu
Cognitive skill acquisition and automaticity, memory-based processing
## WHAT CAN I DO WITH A BACHELORS DEGREE IN PSYCHOLOGY?

<table>
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<th>AREAS</th>
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| **HUMAN SERVICES** Counseling, Advocacy, Human Health Services | • Federal government depts. of Health & Human Services, Veterans’ Administration, and Justice  
• State government depts. of Human Services, Mental Health, and Mental Retardation; psychiatric hospitals; community mental health centers; facilities for the mentally retarded; and probation/parole depts.  
• Local government: senior citizens’ centers  
• Nonprofit Organizations such as United Way, Goodwill Industries, Boys and Girls Clubs, and YWCA/YMCA | • Obtain essential practical experience such as residence hall advisor or camp counselor  
• Enroll in an internship or practicum  
• Perform volunteer services such as Special Olympics, Big Brothers/Sister, or crisis hotline  
• Learn foreign language for multi-cultural clients  
• Become familiar with government hiring procedures  
• Be willing to relocate  
• Be prepared to obtain a master’s degree for more substantive counseling work |
| **ADMINISTRATION** | • Federal, state or local government  
• National headquarters and local branches of nonprofit organizations | • Consider a business double major or minor  
• Gain experience in counseling, advocacy, or administration  
• Need master’s degree in health care administration for advancement |
| **COMMUNITY RELATIONS** | • Federal, state or local government  
• Local branches of national nonprofit organizations | • Gain experience in counseling, advocacy, or administration  
• Gain knowledge of community problems and government resources |
| **PROGRAM DEVELOPMENT** | • Federal, state or local government  
• National headquarters and local branches of nonprofit organizations | • Gain experience in counseling, advocacy, or administration  
• Obtain graduate degree for advancement |
| **RESEARCH** | • Federal government, especially Dept. of Health & Human Services and National Institute of Education  
• National headquarters of nonprofit organizations | • Develop strong quantitative, statistical, and research skills  
• Obtain graduate for advancement |
| **HUMAN RESOURCES** Employment & Recruitment, Labor Relations, Compensation & Benefits | • Human resources (personnel) depts. of companies  
• Government personnel agencies and departments  
• Employment agencies | • Acquire related experiences such as a residence hall advisor, new student orientation leader, admissions office tour guide/recruiter, or member of committees that make policy, settle disputes, or adjudicate cases |
| **PUBLIC RELATIONS** Research, Programming, Fundraising, Writing & Editing | • Public relations and advertising firms  
• Companies with in-house PR depts. | • Develop strong writing and speaking skills |
| Special Events, Media Placement, Public Speaking | • Trade associations  
• Federal, state, and local government  
• Colleges and universities  
• Nonprofit organizations | • Obtain related experiences with campus newspaper/TV/radio, admissions office tour guide/recruiter, student activities office planning  
• Serve as a fundraiser or political canvasser  
• Find internship through Public Relations Society of America |
|---|---|---|
| ADVERTISING Creative, Media, Account Services, or Research | • Advertising agencies  
• Companies with in-house advertising agencies or departments | • Obtain experience with campus newspaper/TV/radio  
• Work with a student-run business  
• Find an internship with a market research firm or a member of American Advertising Federation  
• Develop a portfolio for a creative position  
• Business minor or double major for Account Services jobs |
| MARKET RESEARCH | • Market research firms  
• Market research departments of consumer goods and manufacturing firms | • Develop strong math/statistics skills  
• Become involved in the American Marketing Association  
• Obtain a part-time or summer job with a market research firm, perform a Business Dept. practicum, become a reporter for campus newspaper, serve as a canvasser/phone interviewer for a charity or political campaign |
| TEACHING | • Public and private schools | • Obtain a teaching certificate for public school positions  
• Seek guidance from the Education Dept. in your school  
• Volunteer as a tutor |
| RETAIL & SALES | • All major retail firms including pharmaceuticals, specialty, variety and department store chains  
• Wholesalers, manufacturers, insurance companies, and real estate companies | • Obtain related sales experiences with part-time or summer retail job or work with campus newspaper or yearbook  
• Secure leadership position in campus organization  
• Perform an internship with a retail store |