Human Environmental Studies: Family Studies Option
Bachelor of Science (BS)

The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.

Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: [http://www.ncfr.org/](http://www.ncfr.org/).

**Family Study students will...**

- Gain an in-depth understanding of family structures, dynamics and interactions along with developmental issues across the lifespan.
- Develop skills in assessing, creating and implementing interventions to improve family interactions.
- Be trained to work with a wide variety of populations and have the opportunity to work part-time or volunteer in one of our four state licensed centers that serve children, seniors and developmentally disabled adults.
- Be offered “real world” experiences through placement in agencies and programs serving young children and parents, pregnant teens, senior adults, low-income families, and the community.

**Career Planning**

Career preparation is part of the mission of Southeast. In fact, more than 90% of Southeast students participate in internships, clinical opportunities, student teaching, research assistantships, and study abroad.

Professional career counselors are available for all students. The Office of Career Services in Academic Hall 057 can provide students with professional career counseling, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

<table>
<thead>
<tr>
<th>Demonstrated Career Proficiency is a Requirement of all Southeast Students</th>
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<tbody>
<tr>
<td>CL001/CL002 First Semester</td>
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<td>CL003 Junior Year</td>
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<td>CL004 Senior Year</td>
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**Internship and Employment Opportunities of Recent Graduates**

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Boy Scouts/Girl Scouts
- Councils on Aging
- Crisis Center
- Day Care Facility
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Gerontology Agencies/Firms
- Headstart Family Services
- Hospice Programs
- Retirement Homes / Assisted Living Facilities
- Mental Health Centers
- Disability Programs
- Court Appointed Special Advocates (CASA)
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Non-profit organizations ie. United Way
- Marriage and Family Therapy Graduate Programs

**Special Options with Family Studies Major**

Several of our courses are available at the regional campuses (Kennett, Malden and Sikeston) and online.
Human Environmental Studies: Family Studies Option
Bachelor of Science (BS)

This is a guide based on the 2016-2017 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

**CURRICULUM CHECKLIST**

"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

**Family Studies – 48 Hours – Minor Required**

A grade of 'C' is required for CF 207, CF 340, CF 405, CF 520

- **CF 102** Relationships in the 21st Century (3)
- **CF 120** The Child (3)
- **CF 206** Introduction to Gerontology (3)
- **CF 207** Gerontology Pracicum (3)
- **CF 209** Introduction to Family Systems (3)
- **CF 220** Young and Middle Adulthood (3)
- **CF 300** Parent Education (3)
- **CF 320** Life Skills Education (3)
- **CF 340** Family Law, Policy, and Advocacy (3)
- **CF 402** Relationships of Commitment (3)
- **CF 405** Special Populations Practicum (3)
- **CF 430** Parent-Child Interactions (3)
- **CF 512** Family and Community Resources (3)
- **CF 520** Family Assessment (3)
- **CF 565** Family Services Internship (6)

Additional Requirements:

- **FE 200** Family Resource Management (3)
- **SW 121** Helping Skills in Human Services (3)

**Recommended Minors:**

- **Child Development**
- **Criminal Justice**
- **Gerontology**
- **Psychology**
- **Social Work**

**Department State Licensed Centers**

The Family Studies and Child Development programs oversee four centers that provide students with hands on experience working with various populations.

- Horizon’s Enrichment Center for Developmentally Disabled Adults
- Hoover Center for Seniors
- University School for Young Children
- The Child Development Center at Sikeston

**University Studies Requirements (not already listed above):**

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Literary Expression, Living Systems, Logical Systems, Physical Systems, Development of a Major Civilization, Political Systems, two IU/UI 3XXs (recommended to choose from UI 335, UI 340) and one UI4XX.

**SAMPLE FOUR-YEAR PLAN**

<table>
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<th>Course #</th>
<th>Fall Semester</th>
<th>Hrs</th>
<th>Spring Semester</th>
<th>Hrs</th>
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<td>CF120</td>
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**FIRST YEAR**

Milestone: 2.0 cumulative grade point average.

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**SECOND YEAR**

Milestone: 2.0 cumulative grade point average.

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**THIRD YEAR**

Milestone: 2.0 cumulative grade point average.

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A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.

For advising:
Center for Academic Advising - South
(534) 651-2007
www.semo.edu/advising
advisingsouth@semo.edu

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