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INTRODUCTION

THE INTERNSHIP

The Athletic Training Internships at Southeast Missouri State University are required of all students attaining a Bachelor of Science degree with a major in Athletic Training through the College of Health and Human Services.

The term, "Internship," refers to a supervised educational work experience with an approved agency, organization, or institution. An Internship allows the student to develop and mature through a work experience under the guidance of trained, established leaders in the field.

In addition, the Internship site is an extension of the curriculum, and the Internship experience affords the student an opportunity to apply his/her theoretical knowledge and technical skills in a practical manner, gaining valuable pre-professional in-service training, which will better enable him/her to perform with a higher level of skill and confidence.

PURPOSE OF MANUAL

This Manual for HL 499 Internship (hereafter referred to as Internship Manual) has been developed in order to provide specific details for the Internship experience. It will serve to:

1. Provide the Internship Student, the Internship Student's supervisor at the agency/organization/institution for the Internship experience (hereafter referred to as Agency Supervisor) and the Internship Student's University faculty member supervising his/her Internship experience (hereafter referred to as University Supervisor) with details regarding policies, procedures, and roles and responsibilities of those participants involved in the Internship.

2. Promote communication and understanding among the various participants in the Internship experience.

3. Guide the Internship Student efficiently and effectively through a cooperative training venture.

4. Define the Internship through delineation of its objectives, goals, and procedures.
PURPOSE OF THE INTERNSHIP PROGRAM

The basic purpose of the Internship is to provide a planned transition from the University curriculum to a professional setting. In the Internship, the Internship Student will be afforded opportunities for practical application of concepts and skills acquired in the classroom setting. This experience will occur under the guidance and supervision of an Agency professional and a University faculty member. As part of the leadership experience, the Internship Student is evaluated by the Agency Supervisor and University Supervisor. In addition, the student continually reviews knowledge, skills, accomplishments, and professional growth as they apply to entry into health management, recreation or geography-tourism professions.

BASIC OBJECTIVES OF THE INTERNSHIP PROGRAM:

1. To provide the Internship Student the opportunity to integrate theory and practice in his/her professional education; to encourage the exchange of contemporary thinking between the Internship and Agency personnel.

2. To provide the Internship Student an opportunity to promote and broaden his/her philosophy and understanding of health management, recreation or geography professions.

3. To enable the Internship Student to obtain information which can be used as a basis for making choices in relation to future careers, areas of specialization, and/or further study.

4. To enable the Internship Student to realize his/her own strengths and weaknesses.

5. To provide the Internship Student an opportunity to gain experience in leadership, supervisory, and administrative functions.

6. To help the Internship Student gain an understanding and appreciation of the role, duties, and responsibilities of a full-time professional.

7. To develop the Internship Student's skills in various program areas; to increase his/her knowledge of the professional services in organization and administration of health management, recreation or geography-tourism.

8. To provide the Internship Student with experiences that will enable him/her to develop sound human relations.

9. To help the Internship Student develop his/her oral and written communication skills.

10. To strengthen relationships between the host-site Agency and the University.

PROCEDURES FOR THE INTERNSHIP PROGRAM

* The Following Steps Must Be Completed In Order: *

1. Read Internship Manual; provide the Agency access to the Internship Manual and necessary forms as needed.
2. Verify that you have completed the basic requirements for Internship.

3. Complete "Application for Internship" (see Appendix, Form B, page 15); and prepare a resumé.

4. Meet with the University Supervisor to determine if all basic requirements for Internship have been met, and to determine the appropriate procedures to follow to secure an internship placement.

5. Review list of approved agencies for Internship placement (located in Offices of Health, Human Performance, and Recreation). If there is not an agency on the list that meets your placement interest, a new Internship site may be established. However, all sites must be approved by the University Supervisor.

6. If the student is accepted by the agency for placement, take or fax the "Internship Student/Agency Contract" (see Appendix, Form C, page 16) for completion. The completed form must be returned to the University Supervisor before the Internship begins.

* Use the "Internship Outline and Requirements" as an aid to the Internship experience (see Appendix, Form A, page 14).
INTERNSHIP ELIGIBILITY REQUIREMENTS

1. Only students of senior standing are eligible for Internship and must have approval by the University Supervisor.

2. A minimum cumulative GPA of 2.25 for all course work at Southeast Missouri State University is required.

3. A minimum GPA of 2.50 in the major discipline is required.

4. Completion of all degree requirements is necessary.

GRADING POLICY

The Internship Student's final grade for the Internship will be determined by the University Supervisor. The Agency Supervisor will provide all required evaluations of the Internship Student, and the ratings provided by the Agency Supervisor will be taken into consideration when determining the final grade for the Internship Student.

The following list indicates the items and relative weight of each, which will guide the University Supervisor in determining the Internship Student's final grade:

<table>
<thead>
<tr>
<th>Item</th>
<th>Percent of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Weekly Activity Reports (submitted electronically)</td>
<td>30%</td>
</tr>
<tr>
<td>2. Student Performance Mid-Term Appraisal</td>
<td>30%</td>
</tr>
<tr>
<td>3. Student Evaluation of Internship Site Agency Supervisor</td>
<td>10%</td>
</tr>
<tr>
<td>4. Student Performance Final Appraisal</td>
<td>30%</td>
</tr>
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<td></td>
<td>100%</td>
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</tbody>
</table>

5. Completion of the Graduating Seniors Exit Survey (Form L) is necessary prior to assigning the grade. Procedures described on Form L assure anonymity of your comments after confirmation of receiving them.
GENERAL POLICIES OF THE INTERNSHIP PROGRAM

INTERNSHIP STUDENT RELATED:

1. If the Internship experience is to be concurrent with the student's present site of employment or is at a former site of employment, then it is expected that the opportunities offered the Internship Student during the Internship will be new and different from those offered there previously.

   If an Internship position of this type is to be pursued, a letter stating the rationale for seeking such a position should be composed by the student. This letter should be discussed with the student's Faculty Adviser. If approved by the Advisor, the letter (or a copy) should be submitted to the University Supervisor.

2. Internship Students will register for 6-semester credit hours and pay appropriate tuition fees for the semester(s) of Internship.

3. Any employment outside the Internship assignment while an Internship Student is enrolled in the 6-credit hour Internship must be approved in writing by the Agency and the University Supervisor. Approval for outside employment will be granted only in special cases.

4. Students not adhering to the announced schedule for advising, interviewing, and preliminary placement procedures are subject to nonplacement for the semester(s) in which they desire to complete the Internship.

5. All special arrangements for placement with an Agency must be approved by University Supervisor through the Faculty Adviser, prior to Agency acceptance.

6. Students should be aware that an Agency must be approved by the University Supervisor PRIOR to the actual placement of the student.

7. Internship Students taking additional courses during an Internship, which create an overload, must have a signature of faculty advisor, Chairperson of the Department and the Dean of the College of Health and Human Services before enrolling.

8. The Internship Student is expected to bear all expense incidental to living in the area of the Internship and to work out his/her own satisfactory housing arrangements in order to be able to carry out assignments as required. It is recommended that the Internship Student visit the area of placement in advance and arrange living facilities. Agency personnel may frequently be able to assist the Internship Student in locating housing possibilities.
9. Vacation periods (holidays, long weekends, etc.) for the Internship Student are the same as those provided for the regular agency employees (the Internship Student does not follow the University vacation schedule). Unless the student works during an agency vacation period, contact hours of credit cannot be applied toward the 240-hour requirement.

10. Students must select an Internship Site that is supervised by a degreed individual who can communicate effectively in the English language.

AGENCY RELATED:

1. An Internship Student may be remunerated by the Agency during the time he/she is completing his/her Internship. These compensations may be in the form of honorarium, stipend, donation, or regular payroll.

2. The Internship Student may be covered by the Agency's liability insurance. In addition, Athletic Training students must provide proof of insurance by the start of the Internship.
RESPONSIBILITIES

I. INTERNSHIP STUDENT

A. To Agency:

1. To conform with regulations pertaining to the Agency staff.
2. To plan thoroughly and in advance for all assignments.
3. To do the best possible job in carrying out all assignments.
4. To evaluate each meeting or activity that he/she has planned and/or conducted.
5. To prepare for periodic Agency Supervisor/Internship Student conferences; ask questions and present constructive ideas if requested.
6. To be well groomed and appropriately dressed.
7. To notify the Agency Supervisor as well in advance as possible in cases of absence from work.
8. To accept the Agency's philosophy, methods, leadership, and program.
9. To be tactful, friendly, courteous, and respectful to all.
10. To be cheerful and acknowledge the good work of others.
11. To use discretion as to the people with whom he/she associates and the places he/she visits.
12. To consult with the Agency Supervisor when confronted with problems he/she cannot satisfactorily solve by himself/herself.
13. To consider himself/herself a co-worker of the Agency staff, not someone due special privileges.
14. To complete assignments and responsibilities as outlined in the "Internship Student/Agency Contract" (see Appendix, Form C, page 16).

B. To University:

1. To complete an "Internship Student/Agency Contract" along with the Agency Supervisor prior to the first week of service (see Appendix, Form C, page 16).
2. To detail the responsibilities of the Internship Student and the Agency in the "Internship Student/University Contract" (see Appendix, Form D, page 18).
3. To complete the "Internship Information Form" (see Appendix, Form E, page 21).
4. To submit, thereafter, to the University Supervisor the "Weekly Activity Report" electronically
5. To submit a “Student Performance Mid-Term Appraisal” at the completion of the sixth week of the semester (see Appendix Form F, page 22).
6. To submit a “Student Performance Final Appraisal” (see Appendix, Form H, page 29).
7. To submit the "Internship Evaluation by Student" “Student’s Evaluation of Internship” "Internship Student's Evaluation of Agency Supervisor," “Evaluation by Site Supervisor of Professional Preparation” and “Exit Survey” (see Appendix, Forms I, J, K, and L respectively, pages 35, 36, 37, and 38 respectively).
8. To represent the Department as a University student in adherence to the "Student's Code of Conduct" as outlined in the current Student Handbook.
9. To complete assignments and responsibilities as outlined in the "Internship Student/University Contract" (see Appendix, Form D, page 18).
10. If the Internship Student intends to terminate his/her Internship site, notification of same must be forwarded to the University Supervisor in writing no later than the end of the second week of service to the Agency.
II. AGENCY

A. To University:

1. To cooperate in the exchange of information about the Internship Student.
2. To cooperate with the University Supervisor periodically to discuss the Internship Student's progress.
3. To evaluate Internship experience practices, offering recommendations for improvement to the University Supervisor and suggesting a letter grade for the Internship Student's experience.
4. To complete the "Student Performance Mid-Term Appraisal" after reviewing it with the Internship Student (see Appendix, Form F, page 22) (to be signed by the Agency Supervisor and the Internship Student and then forwarded to the University Supervisor).
5. To complete the "Student Performance Final Appraisal" after reviewing it with the Internship Student (see Appendix, Form H, page 29) (to be signed by the Agency Supervisor and the Internship Student and then forwarded to the University Supervisor).
6. To confer with the Internship Student to determine his/her responsibilities during the experience and to present an overview of the Agency's purposes, policies, administration, program, and facilities.
7. To inform the Internship Student of all regulations to which he/she must conform.
8. To introduce the Internship Student gradually into the Internship experience, beginning with observations and minor duties and adding more responsibilities as the Internship Student's ability permits.
9. To acquaint the Internship Student with resources and materials used in the administration of the program; such as, books, pamphlets, films, charts, etc.
10. To encourage the highest standards and to praise the Internship Student for work well done.
11. To provide the Internship Student with successful sequential experiences that will promote growth and achievement.
12. To present critical evaluations in a constructive, objective, and tactful manner.
13. To recognize that the Internship Student is in the process of maturing and not to expect performances comparable to full-time staff members.
14. To encourage self-evaluation by the Internship Student.

III. UNIVERSITY

A. To Internship Student:

1. To hold an individual conference with each Internship Student during the semester prior to affiliation with his/her Internship Site.
2. University Supervisor:
   a. To represent the University in all official arrangements with cooperating agencies in the conduct of the on- and off-campus Internship; to confer with all Agency Supervisors of various Agencies approved for professional preparation.
   b. To supervise arrangements for and give final approval of all Internship Student assignments.
   c. To review and discuss each contract item with the Internship Student and to sign the contract form.
d. To make at least three contacts with the Internship Student during the semester.

e. To maintain open communication with the Internship Student by combining the University and Agency Supervisors’ evaluations as outlined in “Grading Policy” (see page 5) and by considering all other pertinent information.

B. To Agency:

1. To make final decisions on placement of the Internship Student with an Agency.
2. To maintain open communication at all times with the Agency concerning its cooperation and supervision of the Internship Student.
INTERNERSHIP PROGRAM JOB DESCRIPTIONS

I. UNIVERSITY SUPERVISOR

A. Agency-Related Duties

1. Maintains communication with the Agency Supervisor concerning the progress of the Internship Student.
2. Makes at least three contacts with the Internship Student during the semester.
3. Maintains a positive relationship with the Agency, Agency Supervisor, and other personnel. Exercises good judgment in crisis intervention, problem solving, and other matters of mutual interest.

B. Internship Student-Related Duties

1. Maintains all records in the Internship Student's folder, and records in detail all contacts with the Internship Student.
2. Reviews and evaluates all Internship reports; makes appropriate comments and suggestions to the Internship Student and Agency Supervisor.
3. Maintains continued communication; e.g., letters, phone calls, and visits with each assigned Internship Student.
4. Reviews mid-semester and final evaluations and determines the Internship Student's final grade for the Internship.
5. Guides the Internship Student throughout his/her Internship affiliation so as to provide the greatest opportunity for learning.

II. DEPARTMENTAL FACULTY (With undergraduate advisees)

A. Review and become familiar with the Internship Manual and the policies and procedures set forth therein.
B. Review and evaluate with each advisee the requirements for the Internship Program; e.g., grade point, work or volunteer experience, classes, etc.
C. Review the advisee's academic folder and related Internship material to determine whether he/she is eligible for the Internship.
D. Review the potential Internship sites with the advisee.
E. Process the advisee for the Internship Program by reviewing Form C and others as necessary or required.
F. Recommend the placement of the advisee at an Internship Site to the University Supervisor.
G. Suggest policy and procedural changes as necessary.
III. AGENCY SUPERVISOR

A. Informs the Internship Student what is specifically expected of him/her by developing a contract.
B. Adequately orients the Internship Student to the Agency, his/her co-workers, and the job.
C. Assigns the Internship Student responsibilities which will challenge his/her creativity.
D. Anticipates possible problems and immediately takes steps to prevent their development.
E. Advises the Internship Student of deficiencies in initiative, enthusiasm, skills, knowledge, leadership, and interpersonal relationships.
F. Follows periodic rating with discussions in which the Internship Student is made aware of his/her strengths and the areas in which he/she needs improvement.
G. Gives the Internship Student every opportunity to mature professionally through carefully planned Internship experiences.
H. Meets on a regular basis with the Internship Student. The minimum number of meetings an Agency Supervisor is expected to have is one per week. Agency Supervisors are encouraged to meet daily if possible.
I. Keeps the University Supervisor informed about the Internship Student's progress on a regular basis through letters, telephone calls, visits, etc.
J. Completes Form K “Evaluation by Site Supervisor of Professional Preparation” at end of Internship.
APPENDIX
# INTERNSHIP CHECKLIST

## Important Dates and Assignments

<table>
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<tr>
<th>Check</th>
<th>Assignment</th>
<th>Due Date</th>
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<tr>
<td>____</td>
<td>Complete Form B for application for Internship</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Complete Form C, obtain signatures, and submit to University Supervisor</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Complete Form D with University Supervisor</td>
<td>___</td>
</tr>
<tr>
<td>____</td>
<td>Submit Internship Information, Form E, prior to start of internship</td>
<td>___</td>
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<td>____</td>
<td>Submit first Weekly Activity Reports electronically</td>
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<td>____</td>
<td>Provide Agency Supervisor with Student Performance Mid-Term Appraisal (Form F)</td>
<td>___</td>
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<td>____</td>
<td>Submit completed Form F to University Supervisor</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Provide Agency Supervisor with Student Performance Final Appraisal (Form H) and Evaluation by Site Supervisor of Professional Preparation (Form K)</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Submit Form K to University Supervisor</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Submit completed Forms I, J, and K, to University Supervisor</td>
<td>___</td>
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<tr>
<td>____</td>
<td>Send Graduating Seniors Exit Survey (Form L) to Department of Health, Human Performance and Recreation office</td>
<td>___</td>
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APPLICATION FOR INTERNSHIP

Name_________________________________________ Student I.D. No._____________________

A. Give statement of any personal problems that may affect Internship placement.

B. List in order of preference, one to two organizations at which you would like to take your Internship (if more than one, list in order of preference).

1. 

2. 

I understand that I will be responsible for: a) arranging transportation to and from Missouri, b) all financial arrangements connected with this placement (including tuition/stipend) may be arranged with Internship agency by the student, c) housing arrangements, and d) other arrangements as necessary to fulfill this educational experience.

C. Resumé: Make copies of your resumé. Attach one with this application; other copies should be used for your agency interviews.

D. (This section is to be completed by your Faculty Adviser after reviewing with you your eligibility for Internship Program.)

<table>
<thead>
<tr>
<th>Required Course Work Completed</th>
<th>Acceptable</th>
<th>Deficient</th>
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<tbody>
<tr>
<td>G.P.A.: Major</td>
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<td></td>
</tr>
<tr>
<td>G.P.A.: Cumulative</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CPR certification</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Liability Insurance</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Signed_________________________ Signed_________________________
Faculty Adviser University Supervisor

Date__________________________ Date_________________________
*INTERNERSHIP STUDENT/AGENCY CONTRACT

Complete the following form in triplicate. Give a copy of completed contract to your agency supervisor and your University Supervisor. Maintain a copy for your records.

The following contractual items between ____________________________ and ____________________________ for ___________, discussed and agreed upon this__ of____/____, constitutes a binding contract for the Internship experience during the ____________ semester to fulfill the ____________ semester credit hours in course HL 499 Internship.

I. Agency relationship with the University of Southeast Missouri State University at Cape Girardeau:

A. Complete the "Student Performance Mid-Term Appraisal" (see Appendix, Form F).
B. Complete the mid-semester conference with the Internship Student.
C. Complete the "Student Performance Final Appraisal" (see Appendix, Form H).
D. Cooperate with the University Supervisor and the representatives of the Department of Health, Human Performance and Recreation.
E. Philosophy of Agency in regards to Internship Student:
   1. The personal growth and development of the Internship Student is the primary concern of the Agency in participation in this program.
   2. To work towards the improvement in administrative, program, and personal areas of the Internship Student in order to strive for confidence and competence upon entrance into a beginning level professional position.
   3. Gains by the Agency in supervision and/or savings in leadership expense cannot be motivation for participation in this program.
   4. Requirements by the Southeast Missouri State University of Cape Girardeau will be adhered to - and in such case in which disagreement arise in regards to principles, practices, and philosophies of the agency - a satisfactory solution will be determined in consultation with the University Supervisor, the Internship Student, and the Agency Supervisor.

INTERNERSHIP STUDENT/AGENCY CONTRACT (continued)

5. Although the ____________________________ is the one completing (Agency/Supervisor Title) the contractual items, all professional staff and other applicable employees will work towards the improvement of the Internship Student and the completion of items covered herein.

II. Status of the University Internship Student at the ____________________________:

A. Classified as an "Internship Student."
B. Has status of professional staff member and accorded rights and privileges pertaining thereto.
C. Attend all staff meetings and applicable committee and board meetings.
D. Work to uphold the character and image of the Agency.
E. Insurance and liability.
F. Requirements of the Internship Student:
   1. Work ___ weeks, beginning __________ with a maximum of ______ (month  day  year)
      hours per week for _____ semester credit hours, respectively. However, consideration
      will be given to family life and personal needs of the Internship Student in the assignment of
      hours. The Internship will end _________________. (month  day  year)
   2. Will strive to become familiar with the total operation of the Agency through discussion,
      observation, and evaluation.
   3. Will strive for understanding of total Agency operation through discussion, observation,
      and evaluation.
   4. Will specifically be responsible for: (List all activities and responsibilities in specific
      terms, including dates, projects, duties, etc.)

*The Agency has prerogative to substitute its own contract with the University Supervisor's
approval.

Realizing this is a contractual guide and not a binding legal document, we agree to work together
towards its satisfactory completion for the mutual benefit of all concerned.

_________________________
Internship Student

Date ________________

_________________________
Agency Supervisor

_________________________
Date Received  University Supervisor

________________________________________

________________________________________
DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND RECREATION
COLLEGE OF HEALTH AND HUMAN SERVICES
SOUTHEAST MISSOURI STATE UNIVERSITY
CAPE GIRARDEAU, MISSOURI 63701

INTERNSHIP STUDENT/UNIVERSITY CONTRACT

Complete the following form in duplicate. Give a copy of the completed contract to your faculty advisor and keep one copy for your records.

The following contractual items between __________________________ and
(Internship Student)
________________________________________ discussed and agreed upon this _____ of _____ /_____
(University Supervisor) _______________________________ (day) (month) (year)
in ______________________, __________________________ constitutes a binding
(city) (state) contract for HL 499 to be completed in _____ weeks and _____ hours.

CONTRACT TERMS

The Internship Student will:

1. Purchase the Internship Manual and be responsible for reading and demonstrating knowledge of its contents with the Faculty Adviser and University Supervisor.

2. Submit all materials on time and in legible form, preferably typed.

3. Submit the "Internship Information Form" (see Appendix, Form E) prior to his/her Internship.

4. Submit every Monday after the starting week, the "Weekly Activity Report" electronically to his/her assigned University Supervisor.

5. Give the "Student Performance Mid-Term Appraisal" (see Appendix, Form F) to the Agency Supervisor at least one week prior to the scheduled conference.

6. Review the "Student Performance Mid-Term Appraisal" with the Agency Supervisor and University Supervisor during the 3rd week of the Internship Program.

7. Arrange periodic conferences with the Agency Supervisor. Conferences should be held several times per week and should be at a regularly scheduled time.

8. Give the "Student Performance Final Appraisal" (see Appendix, Form H) to the Agency Supervisor.

9. Review the "Student Performance Final Appraisal" with the Agency Supervisor during the last week of the Internship Program.

10. Submit the "Student Performance Final Appraisal" to the University Supervisor no later than the end of the last week of the Internship.
11. Submit the "Internship Evaluation by Student" "Student's Evaluation of Internship Site," "Internship Student's Evaluation of Agency Supervisor" (see Appendix, Forms G, I, and J, respectively), and all other Internship materials during the final week of the semester.

12. Adhere to all policies, regulations, procedures, and assignment dates as explained in the Internship Manual.

NOTE: Failure to meet the aforementioned contract items will affect the final grade.

The University Supervisor will:

1. Represent the University in all official arrangements with cooperating Agencies in the conduct of the on-and off-campus departmental service programs; to confer with all Agency Supervisors of various Agencies approved for professional preparation.

2. Supervise arrangements for and give final approval of all Internship Student assignments.

3. Maintain open communication with the Internship Student and Agency on all matters pertaining to the Internship Student.

4. Review and discuss each contract item with the Internship Student, and sign the contract form.

5. Evaluate the "Weekly Activity Reports" and discuss with the Internship Student when necessary.

6. Make at least three contacts during the semester to monitor Internship Student’s progress.

7. Carefully review and evaluate the "Weekly Activity Report," "Student Performance Mid-Term Appraisal" and "Performance Final Appraisal" and determine the final grade for the Internship Student.
I hereby acknowledge that the items explained in this contract constitute a binding agreement for an educational experience between the Internship Student and University Supervisor. The grade received in the course will be based on the aforementioned items.

__________________________________________
Internship Student

__________________________________________
University Supervisor

Date

Form D page 3
IMPORTANT: Please complete and return this form to your University Supervisor.

Please use reverse side to outline directions from Southeast Missouri State University to the Internship site; a map is required.

Internship Student’s name__________________________________________________________

Agency ________________________________

Agency’s address______________________________________________________________

Agency phone ________________________________

Fax ________________________________

Good time to be reached at this number ______________________________________________

Agency Supervisor’s name________________________________________________________

Agency Supervisor’s phone __________________________ Fax __________________________

Agency Supervisor’s job title ______________________________________________________

Internship home address________________________________________________________

Internship home phone ________________________________

Internship e-mail ______________________________________________________________

Permanent address _____________________________________________________________

Permanent phone ________________________________

Permanent e-mail address: _________________________________________________________

Date Internship started ________________________________

Anticipated end date of Internship ________________________________
STUDENT PERFORMANCE MID-TERM APPRAISAL

CONFIDENTIAL INFORMATION

Internship Student's Name ________________________________

Internship Student's Title ________________________________

Agency ________________________________

Agency Supervisor ________________________________

Percentage of Time Under my Supervision ________________________________

NOTE: Agency Supervisor will rate the Internship Student in each of the three areas that follow, discuss those ratings with the Internship Student, and then forward this appraisal to the University Supervisor at mid-term and one week prior to the end of the Internship experience.

(Place appropriate number in box)

(0) = Inadequate information or does not apply to job

(1) = Excellent: Meets top expectations of criteria

(2) = Good: Consistently better than satisfactory in criteria

(3) = Average: Adequate but no more than satisfactory

(4) = Below Average: Not consistently satisfactory in criteria

(5) = Unsatisfactory: A completely unsatisfactory performance in criteria
PART I:

**Attendance and Punctuality**  
Lateness or absence without good reason or adequate notice. (___)  
Comments:

**Personal Appearance**  
Neat, clean, and appropriately dressed for Internship setting. (___)  
Comments:

**Resourcefulness**  
Uses resources well; seeks information from variety of sources. (___)  
Comments:

**Judgment and Problem Anticipation**  
Could handle emergency situations; makes common sense decisions, anticipates possible problem areas. (___)  
Comments:

**Motivational Skills**  
Is enthusiastic; motivates others, can get the ball rolling. (___)  
Comments:

**Acceptance of Responsibility**  
Willingness to readily assume responsibility when appropriate. (___)  
Comments:

**Initiative, Creativity**  
Looks for additional work, avoids idleness, originates ideas makes creative efforts. (___)  
Comments: Form F page 2
PROFESSIONAL RELATIONS

PART II:

Public Relations Skill
Tactful, diplomatic, courteous behavior. (___)
Comments:

Work Attitudes
Industrious, willing to assist others, does share of work. (___)
Comments:

Rapport with Staff
Works harmoniously with others; cooperative, considerate. (___)
Comments:

Relates to Program Participants
Able to get people involved; show interest, respect, and concern for program participants. (___)
Comments:

Adaptability
Can adjust plans and actions according to developing situations and changing moods of group. (___)
Comments:

Takes Criticism Constructively
Willing to discuss and recognize weaknesses; works on areas needing improvement. (___)
Comments:

Form F page 3
PROFESSIONAL PROFICIENCIES

PART III:

Knowledge and Skills Performed
Knowledge of program planning implementation and evaluation skills. (___)
Comments:

Plans activities well in advance of the program. (___)
Comments:

Keeps facilities and equipment in good condition? (___)
Comments:

Is a team player; works well with his/her participants? (___)
Comments:

Written Communication, Reports
Conveys ideas clearly; does neat, grammatically correct typographical error-free, organized work; meets deadlines. (___)
Comments:

Oral Communication
Expresses self well; makes points clear to public and others. (___)
Comments:

Task Accomplishment
Tasks completes in quality and timely manner, pursues and follows tasks through to completion. (___)
Comments:

Professional Growth
Searches for more knowledge and experience, attends meetings reads and discusses, inquires about profession. (___)
Comments:

Form F page 4
Considering the following criteria in addition to any evaluative information particularly relative to your agency, what is your **overall** rating of this Internship Student's performance. Please attach any additional evaluation forms. It is understood that each agency will weigh the criteria to its own particular situations.

**RATING SCALE**

1. **Excellent**  
   (Grade of "A")  
   "Outstanding" - indicates the very best performance you might reasonably hope for in a junior worker in the position concerned. Should be awarded to a "top flight" person, one whom you would hire unreservedly and with enthusiasm.

2. **Above Average**  
   (Grade of "B")  
   "Above Average" - indicates a very high quality all-around performance on the Internship Student's part. This is a person whom you would hire without reservations.

3. **Average**  
   (Grade of "C")  
   "Average" - indicates a satisfactory performance that would be expected from any employee and special strength or weakness. Performance is adequate and no more. This is a person whom you would hire with some reservations.

4. **Below Average**  
   (Grade of "D")  
   "Below Average" - indicates a below average all-around performance to date. Improvement expected with additional training/experience. This would be a person whom you would not consider for employment.

5. **Unsatisfactory**  
   (Grade of "F")  
   "Unsatisfactory" - indicates all-around unsatisfactory performance. Shows that the Internship Student is not suited to the job or appears not to be capable of doing better. This would be a person whom you would definitely reject.

Based on the Internship Student's total performance, it is suggested that his/her grade be:  
(Please check one)

\[
\begin{array}{c@{\hspace{1cm}}c@{\hspace{1cm}}c@{\hspace{1cm}}c@{\hspace{1cm}}c@{\hspace{1cm}}c}
\_ & A & \_ & B & \_ & C & \_ & D & \_ & F \\
\end{array}
\]

\[
\begin{array}{c@{\hspace{1cm}}c}
\_ & \text{Incomplete} \ (\text{Please state reason(s) why):} \\
\end{array}
\]

Form F page 5
The potential of the Internship Student is that he/she:
(Please check one)

(  ) Displays great potential
(  ) Displays very promising potential
(  ) Displays possible potential
(  ) Displays little potential
(  ) Displays definitely no potential

Please comment to support your total appraisal:

Signed __________________________________ Date__________________
Agency Supervisor

Signed __________________________________ Date__________________
University Supervisor

Signed __________________________________ Date__________________
Internship Student

Form F page 6
INTERNSHIP EVALUATION BY STUDENT

This report is to be prepared by the Internship Student. It is to be a detailed report.

Name ________________________________ Date ______________

1. In light of your objectives, has this been a good learning experience for you? Have you been able to accomplish your objectives? What have been the most valuable experiences during the internship? What have been the most disappointing aspects?

2. How would you rate this Internship placement? Why? What recommended changes would you suggest to make it a more meaningful placement? (Please be as specific as possible.)

NOTE: Staple additional pages to this if necessary.
STUDENT PERFORMANCE FINAL APPRAISAL

CONFIDENTIAL INFORMATION

Internship Student's Name __________________________________________
Internship Student's Title __________________________________________
Agency __________________________________________________________
Agency Supervisor ________________________________________________
Percentage of Time Under my Supervision ____________________________

NOTE: Agency Supervisor will rate the Internship Student in each of the three areas that follow, discuss those ratings with the Internship Student, and then forward this appraisal to the University Supervisor at mid-term and one week prior to the end of the Internship experience.

(Place appropriate number in box)

(0) = Inadequate information or does not apply to job

(1) = Excellent: Meets top expectations of criteria

(2) = Good: Consistently better than satisfactory in criteria

(3) = Average: Adequate but no more than satisfactory

(4) = Below Average: Not consistently satisfactory in criteria

(5) = Unsatisfactory: A completely unsatisfactory performance in criteria
PART I:

**Attendance and Punctuality**  
Lateness or absence without good reason or adequate notice.  
Comments: (___)

**Personal Appearance**  
Neat, clean, and appropriately dressed for internship setting.  
Comments: (___)

**Resourcefulness**  
Uses resources well; seek's information from variety of sources.  
Comments: (___)

**Judgment and Problem Anticipation**  
Could handle emergency situations; makes common sense decisions, anticipates possible problem areas.  
Comments: (___)

**Motivational Skills**  
Is enthusiastic; motivates others, can get the ball rolling.  
Comments: (___)

**Acceptance of Responsibility**  
Willingness to readily assume responsibility when appropriate.  
Comments: (___)

**Initiative, Creativity**  
Looks for additional work, avoids idleness, originates ideas makes creative efforts.  
Comments: (___)

Form H page 2
PART II:

**Public Relations Skill**
Tactful, diplomatic, courteous behavior. (___)
Comments:

**Work Attitudes**
Industrious, willing to assist others, does share of work. (___)
Comments:

**Rapport with Staff**
Works harmoniously with others; cooperative, considerate. (___)
Comments:

**Relates to Program Participants**
Able to get people involved; show interest, respect, and concern for program participants. (___)
Comments:

**Adaptability**
Can adjust plans and actions according to developing situations and changing moods of group. (___)
Comments:

**Takes Criticism Constructively**
Willing to discuss and recognize weaknesses; works on areas needing improvement. (___)
Comments:

Form H page 3
PART III:

Knowledge and Skills Performed
Knowledge of program planning implementation and evaluation skills.  (___)
Comments:

Plans activities well in advance of the program.  (___)
Comments:

Keeps facilities and equipment in good condition?  (___)
Comments:

Is a team player; works well with his/her participants?  (___)
Comments:

Written Communication, Reports
Conveys ideas clearly; does neat, grammatically correct typographical error-free, organized work; meets deadlines.  (___)
Comments:

Oral Communication
Expresses self well; makes points clear to public and others.  (___)
Comments:

Task Accomplishment
Tasks completes in quality and timely manner, pursues and follows tasks through to completion.  (___)
Comments:

Form H page 4
Professional Growth
Searches for more knowledge and experience, attends meetings reads and discusses, inquires about profession. (___) 
Comments:

Considering the following criteria in addition to any evaluative information particularly relative to your agency, what is your overall rating of this Internship Student's performance. Please attach any additional evaluation forms. It is understood that each agency will weigh the criteria to its own particular situations.

RATING SCALE

1. Excellent (Grade of "A") "Outstanding" - indicates the very best performance you might reasonably hope for in a junior worker in the position concerned. Should be awarded to a "top flight" person, one whom you would hire unreservedly and with enthusiasm.

2. Above Average (Grade of "B") "Above Average" - indicates a very high quality all-around performance on the Internship Student's part. This is a person whom you would hire without reservations.

3. Average (Grade of "C") "Average" - indicates a satisfactory performance that would be expected from any employee and special strength or weakness. Performance is adequate and no more. This is a person whom you would hire with some reservations.

4. Below Average (Grade of "D") "Below Average" - indicates a below average all-around performance to date. Improvement expected with additional training/experience. This would be a person whom you would not consider for employment.

5. Unsatisfactory (Grade of "F") "Unsatisfactory" - indicates all-around unsatisfactory performance. Shows that the Internship Student is not suited to the job or appears not to be capable of doing better. This would be a person whom you would definitely reject.

Form H page 5
Based on the Internship Student's total performance, it is suggested that his/her grade be: (Please check one)

(   ) A  (   ) B  (   ) C  (   ) D  (   ) F

(   ) Incomplete (Please state reason(s) why):

The potential of the Internship Student is that he/she:
(Please check one)

(   ) Displays great potential
(   ) Displays very promising potential
(   ) Displays possible potential
(   ) Displays little potential
(   ) Displays definitely no potential

Please comment to support your total appraisal:

Signed _______________________________  Date_______________
Agency Supervisor

Signed _______________________________  Date_______________
University Supervisor

Signed _______________________________  Date_______________
Internship Student

Form H page 6
STUDENT'S EVALUATION OF INTERNSHIP SITE

Internship Student's Name _____________________________________________

Instructions: Please rate the strengths and weaknesses of the Site in terms of meeting your needs as an Internship Student. Use the following scale:

1 - excellent         2 - more than adequate             3 - adequate
4 - fair             5 - poor

Agency          Date

___  1. Acceptance of you as a functional member of the staff; willingness to integrate you into all appropriate levels of activities, programs, and projects.

___  2. Provision of relevant experience in program administration, supervision, and leadership.

___  3. Cooperation of Agency staff to provide professional growth experiences through training programs, seminars, and similar activities.

___  4. Provision of assistance in helping you meet your personal and professional goals and objectives.

___  5. Possession of resources essential to the preparation of professionals (library, equipment, supplies, etc.)

___  6. Employment of qualified, professional staff with demonstrated capability to provide competent supervision.

___  7. Adequate scheduling of one-on-one meetings with Supervisors and on-going evaluation of your performance.

___  8. Allowance for relating classroom theory to practical situations.

___  9. Willingness to listen and to discuss suggestions or recommendations offered, and explanation given stating rationale for acceptance or rejection of recommendations.

Additional Comments:
Internship Student's Evaluation of Agency Supervisor

**Instructions:** On this form please evaluate the quality of the supervision you received during the Internship experience.

<table>
<thead>
<tr>
<th>Agency Supervisor's Name</th>
<th>Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Internship Student's Name</td>
<td>Date</td>
</tr>
</tbody>
</table>

Overall, on a five point scale, how would you rate your Agency Supervisor?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excellent</td>
<td>Good</td>
<td>Average</td>
<td>Poor</td>
<td>Very Poor</td>
</tr>
</tbody>
</table>

Specific strengths noted:

Areas needing improvement:

Overall comments:
1. Please indicate your assessment of the effectiveness of our curriculum in preparing our student.

<table>
<thead>
<tr>
<th>Excellent</th>
<th>Above Average</th>
<th>Average</th>
<th>Below Average</th>
<th>Poor</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

Comments:

2. In what areas are the student’s strengths?

3. In what areas are the student’s weaknesses?

4. What, if any, new courses or additions/changes to our curriculum would you recommend?

Please indicate the semester and year of the Internship.__________________________________

Check the correct blank.
DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND RECREATION
GRADUATING SENIORS EXIT SURVEY

This survey must be completed during the last week of your internship and returned prior to a grade being assigned for your Internship.

Major ________________________________

Option, if applicable ________________________________

Semester and year of graduation ________________________________

We greatly value your input concerning your educational experience at Southeast Missouri State University.

Please use the following rating scale in answering the following items.

5 far exceeded expectations
4 exceeded expectations
3 met expectations
2 somewhat below expectations
1 far below expectations

Write the number that best describes your assessment of:

_____ 1. The OVERALL quality of your university education at Southeast Missouri State University.

_____ 2. The OVERALL quality of your academic preparation in your major.

_____ 3. The quality of knowledge content presented in courses in your major.

_____ 4. The quality of the experiential (practicum and other out-of-classroom experiences) component in your curriculum leading up to the internship semester.

_____ 5. The quality of advisement by your departmental academic advisor.

_____ 6. The quality of instructors in your major.

_____ 7. The adequacy of facilities and equipment that support your major.

_____ 8. The value of the majors’ club to enhance your academic preparation.


_____ 10. Your money’s worth for education at Southeast Missouri State University.

Please answer some additional questions to help us further improve the curriculum.

Please answer the following. USE ADDITIONAL PAPER IF YOU WISH.
ACADEMIC PREPARATION
Strengths

Suggestions to improve your program

INSTRUCTORS
Strengths

Suggestions to improve your program

FACILITIES AND EQUIPMENT
Strengths

Suggestions to improve your program

OTHER OBSERVATIONS

Return this form to the Department of Health, Human Performance and Recreation, MS 7650, ATTN: Department Administrative Assistant, Exit Survey-Confidential. Enclose a removable note indicating your own name and a permanent e-mail address so we may keep in touch with you after graduation. The administrative assistant will record that an evaluation was received from you; identification will be removed; then the survey will be stored anonymously until after all internship grades have been assigned.