I. Catalog Description and Credit Hours of Course:

This course provides an opportunity of experiencing the importance of different lifestyles and socio-cultural aspects in the counseling process, during an educational trip to the host institution in a foreign country (e.g. Fortaleza, Ceara, Brazil). Once this experience is processed through the levels of phenomenology, the student should be able to advocate for the client and his or her counseling needs from a culturally sensitive point of view. Attention is given to the experiential component by being in the host culture (e.g. Fortaleza, Brazil), processing the meaning of the experience and giving a theoretical framework to the meaning making. (3)

II. Prerequisite(s):

Permission of instructor. Graduate students are required to register for this class in order to earn the 3-credits. Faculty and scholars can earn CEU’s by participating in the course. This opportunity welcomes graduate students in counseling and related fields, faculty and scholars in cultural education.

III. Purposes or Objectives of the Course:

A. To learn the theory and to personalize the experience of the trends and issues of multicultural education.

B. To examine and learn to recognize, through an ethnographic experience, the influences and trends that a cultural context has on the person and his/her counseling needs [CACREP, 2001, sec. II, K.2.a,b,c]

C. To review the detrimental effects of bias and stereotyping including lifestyle, cultural values, traditions of a given culture [CACREP, 2001, Sec. II, K.2b]
D. To become aware of one’s own biases and to develop a personal plan to address them from a professionally ethical perspective [CACREP, 2001, Sec. II, K.2.d]

E. To recognize and apply relevant counseling and educational processes and strategies with individuals, families, groups, and diverse populations [CACREP, 2001, Sec. II, K.2.c].

IV. Expectations of Students:

A. The student will be expected to read the required assigned materials.

B. The student will maintain a course journal of personal reactions and attitudes relevant to social and cultural biases.

C. The student will be expected to participate in assigned experiential activities, without exception.

D. The student and participant will attend and participate in classroom activities at the host institution in a foreign country (e.g., UNIFOR [University of Fortaleza], Fortaleza, Ceara, Brazil).

E. The student and participant (SEMO or other academic institution) will be expected to write up a scholarly paper.

F. Graduate students and participants of this course are financially responsible for airfare, lodging, meals, and health insurance.

V. Course Content or Outline:

A. Cultural immersion (pre-reflection stage of Phenomenology) (site visits of social projects, counseling sites, public schools)

B. Group processing of the personal perceptions captured during the cultural immersion (meaning-making of Phenomenology) 15

C. Theory-based construction of meaning-making:
   The Impact of Culture on Counseling
   1. Cultural context
   2. Race
   3. Ethnicity
   4. Age
   5. Religion
   6. Gender
   7. Lifestyle
   8. Socioeconomic status
Barriers to Effective Cross-Cultural Counseling

Communication across cultures and
Critical- Incident case study analysis

D. Recognizing and Addressing One’s Own Biases as a Counselor
1. Getting in touch with one’s own social identity
2. Getting in touch with one’s own values

The Culturally Skilled Counselor
1. Processes and strategies
2. Goals
3. The client’s world view
4. Counselor characteristics
5. Critical- Incident case study analysis

E. Legal and Ethical Concerns of Diverse Populations
1. Ethical issues
2. Legal ramifications

History and Rationale of Cross-Cultural Counseling
1. Monocultural approach
2. Multicultural approach

The Sociopolitical Climate
1. Historical background
2. Multicultural and pluralistic trends
3. Effects on counseling
4. Critical- Incident case study analysis

VI. Required readings:

Textbook:


Websites:
http://www.counseling.org/Resources/ link to: (1) Multicultural Counseling Competencies and Standards; (2) Cross-Cultural Competencies and Objectives; (3) Dimensions of Personal Identity
http://www.amcd-aca.org

VII. Basis for Student Evaluation:

Grades will be determined by participation in experiential activities, small group projects, personal journal, examinations, self-assessment, and a research-based paper with potential to be submitted for publication.

Grading composites

A. Student Contributions to class discussion  10%
B. Quizzes 05%
C. Exams (Midterm and Final) 20%
D. Personal Journal 20%
E. Analyses of personal socialization 25%
F. Field trips/group processing of field Trips 20%
VIII. Grading scale: Methods of instruction

<table>
<thead>
<tr>
<th>Score Range</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-100</td>
<td>A</td>
</tr>
<tr>
<td>80-89.9</td>
<td>B</td>
</tr>
<tr>
<td>70-79.9</td>
<td>C</td>
</tr>
<tr>
<td>Below 70</td>
<td>F</td>
</tr>
</tbody>
</table>

The weight of evaluation may vary according to each instructor and will be communicated at the beginning of the course.

IX. Methods of instruction:

- Classroom lectures and discussions in facilities of the host institution (e.g., UNIFOR facilities)
- Experiential site visits and group processes
- Web-assisted instructions and tests/exam

X. Reasonable Accommodation

If a student has a special need addressed by the American with Disabilities Act (ADA) and requires materials in an alternative format, please notify the instructor at the beginning of the course. Reasonable efforts will be made to accommodate special needs. Participants need to recognize that while visiting another country it will not be possible to accommodate some disabilities due to the limitations of the host country. It is expected that the student discusses any limitations with the instructor early in this process.

XI. Adherence to the University’s plagiarism and academic honest policy:

Students will be expected to abide by the University Honor Code, in regards to plagiarism and academic honesty, which can be found at [http://library.semo.edu/learn/academic_honesty_brochure.html](http://library.semo.edu/learn/academic_honesty_brochure.html)

XII. Knowledge Base References:

see [http://www4.semo.edu/counsel/Program/know-base.htm](http://www4.semo.edu/counsel/Program/know-base.htm)

Departmental Approval Date  8/21/2007

College Council Approval Date  9/20/2007