Southeast Missouri State University

Department: Department of Theatre and Dance  
Course No.: DA310

Title of Course: Ballet III  
New: Yes

I. Catalogue Description and Credit Hours of Course: Advanced level technique, training and understanding of the classical ballet discipline. (2)

II. Prerequisites: DA210 (Ballet II), and consent of the instructor.

III. Purposes or Objectives of the Course: The student will be able to demonstrate:

   A. An understanding and appreciation of ballet as an art form;
   B. A knowledge of advanced level ballet terminology and technique;
   C. A kinesthetic and intellectual understanding of the ballet discipline;
   D. An ability to perform advanced level technique in ballet;
   E. An ability to perform research, through written, oral and kinesthetic work, on the aesthetic, cultural and historical value of ballet as an art form.

IV. Expectation of the Students:

   A. Active participation in all classroom activities;
   B. Satisfactory performance of all barre exercises, center work and adagio and allegro combinations;
   C. Achievement of advanced level skill in classical ballet technique;
   D. Satisfactory performance on all quizzes, tests, written/oral/kinesthetic work, and a short research paper.

V. Course Content or Outline:  

   Hours

   A. Introduction  
      1. The value of ballet as an art form
      2. The value of ballet as a form of exercise and discipline
      
   B. Technique  
      1. Barre exercises
      2. Center combination
         a. Adagios
         b. Allegros
      3. Reverance

   Total: 38
C. Performance and Presentations
   1. Attendance required at two dance concerts per semester
   2. Attendance required at one related arts event per semester
   3. Short paper (1-2 pages) responses

D. Ballet Research
   1. Two-four lecture/demonstrations per semester
   2. Video viewing, study and discussion
      a. Classical ballet
      b. Contemporary Ballet
   3. One short (3-5 pages) research paper
   4. Two written quizzes, one-two written tests
   5. Practical demonstrations of advanced level ballet technique

TOTAL: 48 Hours

VI. Textbook(s) and/or Other Requirement Materials or Equipment:

There is no required text for this course, but readings will be required from among the following resources:


All students, men and women, will be required to dress in the following manner:

Hair pulled back out of face, no jewelry, no gum, ballet tights, leotards and slippers. Tight-fitting T-Shirt permitted over leotard. Leg-warmers allowed in cold weather. No sweat pants, sweat shirts, or other baggy outfits permitted.

**VII. Basis for Student Evaluation:**

A. Active and engaged participation in all classes  
   50%

B. Practical demonstrations of advanced level technique  
   20%

C. Written, oral and kinesthetic responses to dance events  
   10%

D. Short research paper (3-5 pages)  
   10%

E. Quizzes and test(s)  
   10%