SOUTHEAST MISSOURI STATE UNIVERSITY
COURSE SYLLABUS

Department of: Human Environmental Studies
Course No.: FN540

Title of Course: Community Nutrition
Revision: Spring, 2007
New: ________

I. Catalog Description and Credit Hours of Course:
Fundamentals of nutrition care and delivery in community programs with a special focus on cultural diversity, nutrition education, assessing and meeting community needs at the local, state and federal levels. (3 cr.hrs.)

II. Prerequisite(s):
FN235/255; FN355; FN370 or consent of Instructor

III. Purposes or Objectives of the Course:
The student will be able:
A. To assess the role of the community nutritionist and other health professionals involved in providing for the nutrition and health needs of the community.
B. To identify community public health problems that have nutritional implications and to provide nutrition counseling and education to individuals and groups for health promotion and maintenance.
C. To determine the nutritionally vulnerable individuals and groups in the population and to demonstrate an understanding that their nutritional needs, food needs, and behaviors are interwoven with other related health, socioeconomic, cultural, and psychological factors.
D. To identify and utilize food, nutrition, and social service resources in community programs.
E. To demonstrate an understanding of political, legislative and economic factors that have an effect on the nutritional well-being of consumers.
F. To comply with the professional ethics of dietetic practice and to demonstrate an understanding of the underlying principles of health care ethics.
G. To plan, present, and evaluate nutrition education programs designed to improve the nutritional status and well being of various population groups.

IV. Expectations of Undergraduate and Graduate Students:
A. To attend class and participate in discussions.
B. To read all assigned material prior to class.
C. To satisfactorily complete assignments in a timely and professional manner.
D. To actively participate in various community nutrition activities both at Southeast Missouri State University and at designated locations.
E. To provide transportation to various community nutrition sites.
F. To arrive at community nutrition sites on time, professionally dressed, and adequately prepared.
G. To satisfactorily complete written examinations.

Additional Graduate Student Expectations:
A. Coordination of undergraduate students for the development and execution of community nutrition event using a RFP guidelines for grant funding.
B. Presentation of one lecture regarding evidence based community nutrition research. Student will develop lesson plan, research readings, objectives, lecture content material and evaluation methods for lecture.

V. Course Content or Outline:

   Hours

A. Cultural Food Habits 9
   1. Development of food patterns
   2. Socio-Economic factors
   3. Factors affecting food selection

B. Dietary Trends and Patterns 9
   1. Current dietary trends
   2. Current dietary patterns
   3. Dietary Goals for Americans

C. Nutrition Education Related to Health Promotion 9
   1. Wellness programs
   2. Nutrition education programs
   3. Nutrition Education resources

D. Assessment of Nutrition Status 9
   1. Nutrition status surveys
   2. Nutritional surveillance

E. Community Programs 9
   1. Federal/State and local agencies
   2. Women, infants, children (WIC)
   3. Senior citizens programs
   4. Hunger in the community

TOTAL 45
VI. Textbook(s) and/or Other Required Materials or Equipment:

VII. Basis for Undergraduate Student Evaluation:
A. Class preparation and participation 10%
B. Exams 30%
C. Assignments 60%

TOTAL 100%

Basis for Graduate Student Evaluation:
A. Class preparation and participation 20%
B. Exams 30%
C. Assignments: 40%
D. Coordination of Community Nutrition Event 10%

TOTAL 100%

VIII. Grading Scale:
90-100% = A
80-89% = B
70-79% = C
below 70% = F

The weight of the evaluation criteria may vary according to each instructor and will be communicated at the beginning of the course.

IX. Academic Policy Statement:
Students will be expected to abide by the University Policy for Academic Honesty regarding plagiarism and academic honesty. Refer to: http://www6.semo.edu/judaffairs/code.html

X. Student with Disabilities Statement:
If a student has a special need addressed by the Americans with Disabilities Act (ADA) and requires materials in an alternative format, please notify the instructor at the beginning of the course. Reasonable efforts will be made to accommodate special needs.