I. Catalog Description and Credit Hours.

Fundamental skills, concepts, and theories necessary for application and critical thinking in the nursing skills laboratory and clinical setting. (6 credit hours: 3 theory, 3 clinical)

II. Prerequisites:

Satisfactory completion of pre-nursing requirements and formal admission into the BSN program.

Co-requisites: NS372, NS373, NS374

III. Course Objectives:

A. Discuss historical and contemporary factors influencing the development of nursing.

B. Identify the purpose of nurse practice acts, standards for nursing practice, and guidelines for professional practice.

C. Describe the roles of nurses and criteria of the profession of nursing, and the roles of other various healthcare professions.

D. Relate essential nursing values to attitudes, personal qualities, and professional behaviors.

E. Identify the purpose of nursing theory in nursing education, research, and clinical practice.

F. Identify computer applications used in client assessment, care and Documentation

G. Discuss / utilize guidelines for effective documentation which meets legal and ethical standards.

H. Describe the components and relationships among the nursing process, critical thinking, the problem-solving process, and the decision – making process.

I. Recognize the core practice competencies of culturally competent nursing care.

J. Describe concepts basic to alternative practices.

K. Demonstrate safe practice of selected fundamental nursing procedures which apply to client’s comfort, safety, mobility, physiologic functions, and psychosocial health.

L. Utilize factors influencing the nurse-client communication process in clinical practice.
M. Demonstrate knowledgeable caring in nursing practice.

N. Begin to prioritize and delegate client care in the clinical setting.

O. Develop and implement nursing care plans using the nursing process for selected clients in the clinical setting.

P. Describe selected frameworks for identifying stages of grieving and assist with end-of-life care.

IV. Expectations of Students:

A. Certification in Healthcare Provider Cardiopulmonary Resuscitation (CPR) prior to Clinical Work (this certification needs to be maintained throughout nursing school).

B. Health History on file, OSHA / HIPPA requirements met, PPD skin test verification, Background Check verification. (These also need to be maintained throughout nursing school).

C. Fulfillment of all requirements as outlined in the BSN Student Handbook.

D. Civility:
   "Every student at Southeast is obligated at all times to assume responsibility for his/her actions, to respect constituted authority, to be truthful, and to respect the rights of others, as well as to respect private and public property. In their academic activities, students are expected to maintain high standards of honesty and integrity and abide by the University's Policy on Academic Honesty. Alleged violations of the Code of Student Conduct are adjudicated in accordance with the established procedures of the judicial system."

E. ADA:
   "Any student who believes that they may need an academic accommodation based on the impact of a disability should contact the instructor to arrange an appointment to discuss their individual needs. Instructors rely on Disability Support Services for assistance in verifying the need for academic accommodations and developing accommodation strategies. Students who have not already registered with Disability Support Services as a student with a disability will be encouraged to do so." In other words, accommodations do not have to be given unless the disability is verified by Disability Support Services (Contact office at ext. 2273).

V. Course Content

Unit 1: The Nature of Nursing
   Historical and Contemporary Nursing Practice
   Nursing Education, Research, and Evidence-Based Practice
   Nursing Theories and Conceptual Frameworks
   Legal Aspects of Nursing
   Values, Ethics, and Advocacy
(6 hours)

Unit 2: Contemporary Health Care
   Health Care Delivery Systems
   Nursing Informatics
(3 hours)

Unit 3: The Nursing Process
   Critical Thinking and the Nursing Process
   Assessing
(6 hours)
Diagnosing
Planning
Implementing and Evaluating
Documentation and Reporting

Unit 4: Health Beliefs and Practices (3 hours)
Culture and Heritage
Complementary and Alternative Healing Modalities

Unit 5: Promoting Psychosocial Health (6 hours)
Sensory Perception
Self-Concept
Sexuality
Spirituality
Stress and Coping
Loss, Grieving, and Death

Unit 6: Assessing Health (3 hours)
Vital Signs
Health Assessment in clinical practice

Unit 7: Integral Components of Client Care (9 hours)
Asepsis
Safety
Hygiene
Diagnostics
Medications
Skin Integrity / Wound Care

Unit 8: Promoting Physiologic Health (9 hours)
Activity and Exercises
Sleep
Pain Management
Nutrition
Urinary Elimination
Fecal Elimination
Oxygenation
Circulation
Fluid & Electrolytes and Acid-Base Balance

Total 45 theory hours

Skills Lab / Clinical Rotation
Students will be assigned to Skills Lab / Clinical Section 1 day / week. Students will be in the Skills Lab the first 4 weeks of the semester learning basic procedures. The students will then go into the clinical setting the following 4 weeks for application in the clinical setting. This schedule will be repeated during the 2nd half of the semester. This is a building process; no student will be allowed to perform any procedures on clients which have not yet been learned and practiced in the Skills Lab, however, they may observe such procedures with the consent of the client and nurse.

Example of Skills Lab / Clinical Expectations:

1st 8 weeks of Semester:
1st 4 weeks: Skills Lab:
- Aseptic Techniques
- Safety
- Sleep
- Vital Signs
- Bathing / Bedmaking / Hygiene
- Activity and Mobility
- Skin Integrity / Wound Care

Next 4 weeks: Clinical Rotation
Students will focus on application of the procedures which have been practiced in the skills lab.

2nd 8 weeks of Semester:
4 weeks: Skills Lab:
- Medications
- Nutrition
- Diagnostics
- Health Assessment
- Urinary Elimination
- Fecal Elimination
- Oxygenation and Circulation
- Pain Management
- Fluid and Electrolytes and Acid-Base

Next 4 weeks: Clinical Rotation
Students will focus on application of those procedures which have been practiced in the skills lab the last 4 weeks, in addition to providing the basic care procedures learned in the first 8 weeks of the semester.

VI. Textbooks and/or Other Required Materials:


VII. Basis for Student Evaluation:

Grades will be based on the following:
A. Unit Exams / Final Exam ......................................................... 50%
B. Quizzes (Theory and Lab) ...................................................... 10%
C. Assignments from Study Guide .............................................. 10%
D. Web Assignments ................................................................. 5%
E. Case Studies (Theory and Lab) .............................................. 5%
F. Papers / Research Papers ...................................................... 20%
   1. Philosophy of Nursing
   2. Nursing Care Plan / Client History and Prep Form
   3. Research paper on Selected Topic / Procedure

Clinical: (Total of 135 hours)
G. Skills Lab Check-offs ......................................................... P/F
H. Clinical Assignments and Participation / Logs and Evaluations P/F

The grading scale for the Department of Nursing is:

92% - 100% ........................................................................ A
83% - 91% ......................................................................... B
*75% - 82%........................................................................ C
66% - 74.9%...................................................................... D
0% - 65%.......................................................................... F

*75% is the absolute minimum “C”; grades of 74.5-74.9 will not be rounded up to 75.

75% refers to 75% of total points possible in the course, which includes tests, quizzes, and additional graded assignments.