I. Catalog Description and Credit Hours:

Application of knowledgeable caring for childbearing families in interdisciplinary settings, including normal pregnancy, birth, common complications during pregnancy, after birth. (4 credit hours: 3 theory, 1 clinical).

II. Prerequisite(s): Second semester junior standing within the BSN program NS371, NS372, NS373, NS374

Co-Requisites: NS381, NS387, NS389

III. Course Objectives:

A. Adapt communication skills to interact with childbearing families.

B. Utilize critical thinking in making decisions based on sound rationale to facilitate childbearing families to attain and maintain an optimal level of wellness.

C. Combine nursing knowledge and concepts for arts, sciences and humanities to assist childbearing families to attain an optimal level of wellness.

D. Follow professional guidelines and standards of practice to provide safe care for childbearing families in supervised clinical experiences.

E. Demonstrate the ability to function within appropriate professional nursing roles when caring for childbearing families in nursing care settings.

F. Recognize the uniqueness, health patterns, developmental tasks and interrelationships of childbearing families.

G. Assist childbearing families to access available resources in the community to attain and maintain optimal wellness.

H. Use professional literature research to expand professional knowledge and to assist childbearing families to meet their health care needs and accomplish their developmental tasks.

I. Display knowledgeable caring when working with childbearing families in attaining and maintaining their health care needs.

J. Discuss the developing role of the maternal newborn nurse within the hospital, home and community.

K. Adapt assessment skills to determine the biological, sociocultural, psychological, and spiritual needs of childbearing families.

L. Explain physiological effects of high-risk pregnancy and birth on the client and families’ biological, sociocultural, psychological and spiritual subsystems.

M. Discuss selected health deviations of the childbearing cycle.
IV. Expectations of Students:

A. Attendance required as outlined in the student handbook.

B. Completion of required reading prior to attending class.

C. Development of ability to establish priorities and/or organize assignments and client care.

D. Interaction with the instructor for any assistance needed with treatments or procedures done by the student, especially for any procedure performed for the first time.

E. Demonstration of flexibility in acquisition of knowledge from a variety of instructional philosophies and strategies.

F. Participation in student-instructor relationships that exhibit attitudes and behaviors of a professional.

G. Fulfill all requirements as outlined in the BSN Student Handbook.

H. Civility:
   "Every student at Southeast is obligated at all times to assume responsibility for his/her actions, to respect constituted authority, to be truthful, and to respect the rights of others, as well as to respect private and public property. In their academic activities, students are expected to maintain high standards of honesty and integrity and abide by the University's Policy on Academic Honesty. Alleged violations of the Code of Student Conduct are adjudicated in accordance with the established procedures of the judicial system."

I. ADA:
   "Any student who believes that they may need an academic accommodation based on the impact of a disability should contact the instructor to arrange an appointment to discuss their individual needs. Instructors rely on Disability Support Services for assistance in verifying the need for academic accommodations and developing accommodation strategies. Students who have not already registered with Disability Support Services as a student with a disability will be encouraged to do so." In other words, accommodations do not have to be given unless the disability is verified by Disability Support Services (Contact office at ext. 2273)

V. Course Content:

<table>
<thead>
<tr>
<th>Unit</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit 1</td>
<td>Course Introduction</td>
</tr>
<tr>
<td></td>
<td>Care of Childbearing Families</td>
</tr>
<tr>
<td></td>
<td>Nursing Care during Labor &amp; Birth</td>
</tr>
<tr>
<td></td>
<td>Fetal assessment during labor</td>
</tr>
<tr>
<td></td>
<td>Postpartum Nursing Care</td>
</tr>
<tr>
<td>Unit 2</td>
<td>Care of the Normal Newborn</td>
</tr>
<tr>
<td>Unit 3</td>
<td>Conception &amp; Prenatal Development</td>
</tr>
<tr>
<td></td>
<td>Physiologic Adaptation to Pregnancy</td>
</tr>
<tr>
<td>Unit 4</td>
<td>Nutrition in Pregnancy</td>
</tr>
<tr>
<td>Unit 5</td>
<td>Antepartum Fetal Assessment</td>
</tr>
<tr>
<td>Unit 6</td>
<td>Process of Birth</td>
</tr>
<tr>
<td></td>
<td>Pain Management during Labor</td>
</tr>
<tr>
<td>Unit 7</td>
<td>Nursing Care during Obstetric Procedure</td>
</tr>
</tbody>
</table>
(3 hours)                                                                                               
Unit 8  
(6 hours)                                                                                               
Postpartum Adaptations  
Newborn Adaptations  
Unit 9  
(3 hours)                                                                                               
Newborn Nutrition/Family Planning  
Family with Special Needs  
Unit 10  
(3 hours)                                                                                               
Teaching Plan Due  
Complications of Pregnancy  
Unit 11  
(3 hours)                                                                                               
Concurrent Disorders during pregnancy  
Unit 12  
(3 hours)                                                                                               
Intrapartum Complications  
Postpartum Complications  
Unit 13  
(6 hours)                                                                                               
High risk Newborn  
**HESI Exam** – Time to be announced  
Total 45 theory hours

VI. Textbooks:


Nursing diagnosis handbook – may use either Carpenito or Wilkinson

Nursing drug book

VII. Basis for Student Evaluation:

A. Exams:
   1. 5 exams (50 points each)  
   2. 5 quizzes (10 points each)  
   3. Comprehensive final exam 

B. Written Assignment:
   Family Teaching Plan  
   30 points

C. Standardized Test Score (HESI Exam) = 5% of the final course grade*

   **Total points possible** = 405 points

D. Clinical – Pass/fail = 0 points  
   (Total of 45 hours)

   *A nationally normed test (see part C above) will be given at the end of the semester. This test will be a strong predictor of the student’s ability to successfully pass OB content on NCLEX-RN after graduation. The student score on the standardized test will constitute 5% of the final course grade.

Students must have at least a 75% average on exams/quizzes/comprehensive final combined in order to successfully pass the course. Written assignments will not be calculated into the final grade unless the student achieves a 75% average on exams/quizzes/comprehensive final. Papers turned in after faculty have left for the day and not received by faculty until the next day will be graded late according to when the faculty member actually receives the paper in hand.

All required formal papers (see above) are due at the beginning of, or prior to class on the day they are due. Five points will be deducted for each day an assignment is turned in late.

The final grade for clinical experiences is determined on a pass/fail basis. A student must pass clinical in order to pass the course, regardless of the theory grade. Attendance at clinical experiences is mandatory, including
orientation to clinical. Students are expected to arrive at clinical appropriately attired, with knowledge of the day’s learning objectives and an understanding of nursing theory and skills needed to care for clients and their families.

If a student arrives late to class on the day of a quiz or exam, and the quiz or exam is already in progress, that student will not be allowed to enter the classroom and take the quiz or exam. In the event of illness or inability to attend class, notification of instructors should be made by the student prior to class time. This includes clinical time. Make-up quizzes and exams are at the discretion of the instructor giving the quiz or exam, and must be taken within one week of the missed date.

The grading scale for the Department of Nursing is:

- 92% - 100% ................................................................. A
- 83% - 91% ................................................................. B
- *75% - 82% ................................................................. C
- 66% - 74.9% ................................................................. D
- 0% - 65% ................................................................. F

*75% is the absolute minimum “C”; grades of 74.5-74.9 will not be rounded up to 75.

75% refers to 75% of total points possible in the course, which includes tests, quizzes, and additional graded assignments.