Departments of: Health and Leisure and Human Environmental Studies

Course Title: HL690/FN690 – Seminar in Nutrition and Exercise Science

I. Catalog Description: Discussion and presentations on current issues involving the disciplines of Nutrition and Dietetics, and Exercise Science. May be repeated for credit. (3)

II. Prerequisite: Admission to the Program in Nutrition and Exercise Science or permission of instructor.

III. Course Objectives: The course material will focus on current topics in the fields of nutrition, dietetics, exercise science/physiology. Objectives will vary to some degree with each topic offering. The underlying purpose of the course will reflect a consistent theme which will have the following objectives:

A. The student will be required to interpret current research in the disciplines involved.

B. The student will be required to assimilate materials in a manner necessary to provide in depth reports on related topics and explain the purposes of treatments, therapies, etc.

C. The student will be required to assess the rationale for arguments related to topics discussed.

IV. Expectations of the Students:

A. The student will be required to prepare at least one paper on a topic related to the main theme of the course.

B. The student will be required to prepare for presentations by peers and to participate in class discussions.

C. The student will be required to deliver at least one presentation on a topic related to the main theme of the course.

V. Course Content: Course content is driven by the topic area selected by the instructor at the start of the semester. The course may involve more than one topic area per semester.

VI. Basis for Student Evaluation: Grading will be based on the following:

A. Student Presentations 50%

B. Research Papers 50%