I. Catalog Description and Credit Hours of Course:
Focus on pregnancy, birth, growth and development, health promotion, and interaction with childbearing and childrearing families in rural community settings. (3) (2 hours theory, 1 hour clinical)

II. Prerequisite(s): Sophomore standing in nursing major.

III. Objectives of the Course:
A. Adapt communication skills to interact with childbearing and childrearing families within the rural community.

B. Utilize critical thinking in making decisions based on sound rationale to facilitate childbearing and childrearing families to attain and maintain an optimal level of wellness.

C. Combine nursing knowledge and concepts from arts, sciences and humanities to assist childbearing and childrearing families to attain an optimal level of wellness within the rural community.

D. Follow professional guidelines and standards of practice to perform competent clinical practice to care for normal childbearing and childrearing families in supervised clinical experiences.

E. Demonstrate the ability to function within appropriate professional nursing roles when caring for childbearing and childrearing families in nursing care settings.

F. Recognize the uniqueness, health patterns, developmental tasks, and interrelationships of childbearing and childrearing families.

G. Assist childbearing and childrearing families to access available resources in the rural area to attain and maintain optimal wellness.

H. Use professional literature research to expand professional knowledge, and to assist childbearing and childrearing families to meet their health care needs and accomplish their developmental tasks.

I. Display knowledgeable caring when working with childbearing and childrearing families in attaining and maintaining their health care needs.

J. Discuss the developing role of the maternal-child nurse within the hospital, home and community.

K. Discuss issues specific to the health care needs of childbearing and childrearing families within the rural community.
L. Adapt assessment skills to determine the biological, sociocultural, psychological and spiritual needs of childbearing and childrearing families.

IV. Expectations of Students:

A. Fulfillment of requirements identified in the BSN Student Handbook.

B. Completion of required readings prior to attending class.

C. Development of ability to establish priorities and/or organize assignments and care.

D. Interaction with the instructor for any assistance needed with treatments or procedures done by the student especially for any procedure performed for the first time.

V. Course Content:

A. Course Introduction (1 hour)

B. The Childbearing and Childrearing Families (1 hour)
   1. Concepts of family
   2. Family types
   3. Family as a part of a Community

C. The Sociocultural Aspects of Maternal and Child Health Nursing (2 hours)
   1. Changing cultural concepts
   2. Sociocultural assessment

D. The Nursing Role in Preparing Families for Childbearing and Childrearing (2 hours)
   1. Reproductive and sexual history
   2. Reproductive life planning

E. Foundations of Growth and Development (2 hours)
   1. Infant through adult
   2. Pregnancy as a developmental stage

F. Nursing Role in Caring for the Pregnant Family (6 hours)
   1. Genetic assessment and counseling
   2. The growing fetus
   3. Psychological and physiological changes of pregnancy
   4. Assessing fetal and maternal health
   5. Promoting maternal and fetal health
   6. Promoting nutritional health during pregnancy
   7. Preparation for childbirth and parenting

G. Nursing Role in Caring for the Family During Labor and Birth (6 hours)
   1. The labor process
   2. Providing comfort during labor and birth

H. Nursing Role in Caring for the Family During the Postpartal Period (6)
   1. Nursing care of the postpartal woman and family
   2. Nursing care of the newborn and family
   3. Nutritional needs of the newborn
I. Nursing Role in Health Promotion for the Childrearing Family (3 hours)
   1. The family with an infant
   2. The family with a toddler
   3. The family with a preschooler
   4. The family with a school age child
   5. The family with an adolescent
   6. Child health assessment
   7. Health and wellness teaching with children and families

Three hours allotted for examinations; remaining hours for clinical application.

VI. Textbook(s) and/or Other Required Materials or Equipment:

      Saunders: Philadelphia.


VII. Basis for Student Evaluation:

   A. Examinations & quizzes 60%
   B. Final Examination 10
   C. Written Assignments 15
   D. Teaching project 15
       TOTAL 100%
   
   E. Clinical performance Pass/Fail