COURSE SYLLABUS
Southeast Missouri State University

Department of: Nursing
Title of Course: Professional Practice: Leadership and Management
Course No.: NS 480
Revision: New

I. Catalog Description and Credit Hours of Course:
   Introduction and application of management/leadership concepts in caring for clients with complex problems. (6) (Two hours theory, four hours clinical)

II. Prerequisite(s): Senior standing in Nursing Major, completion of NS 380 and NS 390 for RNs

III. Objectives of the Course:
   A. Applies critical thinking in coordinating nursing care for a group of clients.
   B. Uses critical thinking to initiate a change project in leading other health team members.
   C. Evaluates own nursing practice based on development of own personalized learning objectives in an area of choice.
   D. Applies standards of care and professional guidelines in a selected practice area.
   E. Demonstrates competent clinical practice in managing and coordinating patient care.
   F. Demonstrates leadership in the coordination of patient care.
   G. Recognizes the client’s uniqueness, health patterns, and interrelationships in a selected practice area.
   H. Collaborates with other health team members and providers to coordinate resources for a group of clients in a rural setting.
   I. Uses professional knowledge to lead others to assist a group of clients in a rural area to meet health care needs and accomplish developmental tasks.
   J. Employs knowledgeable caring by leading other health team members in working with a group of clients.

IV. Expectations of Students:
   A. Identification of a problem in a rural health care setting: work with other health team members to develop a plan to resolve the problem; applying change theory, implement and evaluate the plan; write a paper describing these activities.
   B. Illustration of the project described in A on a poster and presentation of the poster at a professional gathering for health team members.
   C. Individualized learning objectives specific to rural practice area and weekly summary of how objectives were met.
   D. Twenty to thirty minute presentation (mini inservice) for health team members. Presentation may be part of plan for problem identified in A.
E. Leadership and facilitation of peer discussion during a clinical post conference.

F. Development of own professional resume and portfolio for career development.

G. Fulfillment of requirements identified in the BSN Student Handbook.

V. Course Content:

A. Frameworks for leading and managing (4 hours)
   1. Components of effective leadership
   2. Components of effective management

B. Developing Self Awareness for Leading Others (4 hours)
   1. Phases of Reality shock—entering the career world
   2. Time Management skills for leading others
   3. Hazards of Perfectionism
   4. Developing a career vision—Developing professional portfolio

C. Managing the Quality of your own practice (2 hours)
   1. Defining Quality
   2. Total Quality Management

D. Leadership and Management Theories (4 hours)
   1. Behavioral
   2. Motivational
   3. Situational
   4. Transactional and Transformational
   5. Identifying your own leadership style

E. Leading Others (4 hours)
   1. Delegation
   2. Teaching groups--The Adult Learner
   3. Team Building
   4. Leading effective meetings: a) staff b) client care conference

F. Problem Solving and Decision Making (4 hours)
   1. Leading groups in solving problems and making decisions
   2. Various methods

G. Conflict Management (4 hours)
   1. Various styles
   2. Controlling violence in health care

H. Nursing Care Delivery Systems (4 hours)
   1. Case-Management
   2. Functional
   3. Team
   4. Primary

Two hours allotted to midterm examination; remaining hours for clinical application.

VI. Textbook(s) and/or Other Required Materials or Equipment:

B. Course packet to be purchased in bookstore

VII. Basis for Student Evaluation:

A. Written term paper describing management problem and change project  30%
B. Midterm examination                      30
C. Final examination                     30
D. Participation                               10

        TOTAL  100%

E. Clinical performance                    Pass/fail