

# CAMP REDHAWK

| Day 1: Welcome, Redhawks! |                     |
|---------------------------|---------------------|
| Time                      | Activity            |
| 3:00 p.m.                 | Check-In            |
| 5:00 p.m.                 | Nest Chat           |
| 5:45 p.m.                 | Dinner              |
| 6:45 p.m.                 | CampRedhawk Opening |
| 7:30 p.m.                 | Nest Games          |
| 9:30 p.m.                 | Backyard Bash       |
| Midnight                  | Lights Out          |

| Day 2: Discover Yourself |  |
|--------------------------|--|
| Time                     | Activity                                     |
| 7:30 a.m.                | Wake Up                                      |
| 8:00 a.m.                | Breakfast & Nest Check                       |
| 8:45 a.m.                | Depart for River Campus                      |
| 9:15 a.m.                | True Colors Personality Type Assessment      |
| 10:15 a.m.               | River Campus Tour                            |
| 11:30 a.m.               | Lunch  |
| 12:30 p.m.               | Explore Downtown Cape Girardeau              |
| 1:30 p.m.                | Return to Main Campus                        |
| 1:45 p.m.                | Responsible Redhawks                         |
| 2:15 p.m.                | Leadership Programs                          |
| 2:30 p.m.                | Nest Project Prep                            |
| 3:00 p.m.                | Map of Myself                                |
| 4:30 p.m.                | Activity of Choice                           |
| 6:00 p.m.                | Dinner                                       |
| 6:45 p.m.                | Nest Challenge Part II at the Aquatic Center |
| 9:30 p.m.                | Return to Hall                               |
| 9:45 p.m.                | Nest Chat                                    |
| Midnight                 | Lights Out                                   |

| Day 3: Discover Differences |  |
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| Time                        | Activity                                 |
| 7:30 a.m.                   | Wake Up                                  |
| 8:00 a.m.                   | Breakfast & Nest Check                   |
| 9:00 a.m.                   | Cultural Competence / #CollegeHacks      |
| 11:00 a.m.                  | Redhawk Athletic Rally                   |
| 12:00 p.m.                  | Lunch                                    |
| 1:00 p.m.                   | Nest Project Prep                        |
| 1:30 p.m.                   | A Bird's Eye View from the Academic Dome |
| 3:30 p.m.                   | Nest Project Review                      |
| 4:00 p.m.                   | Nest Project Presentations               |
| 5:00 p.m.                   | Student Leader Panel Q&A                 |
| 5:45 p.m.                   | Dinner w/ Student Leaders                |
| 6:45 p.m.                   | Building Challenge                       |
| 9:30 p.m.                   | Return to Hall                           |
| 9:45 p.m.                   | Final Nest Chat                          |
| Midnight                    | Lights Out                               |

| Day 4: Discover Your Will To Do |  |
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| Time                            | Activity   |
| 7:30 a.m.                       | Wake Up  |
| 8:00 a.m.                       | Breakfast, Room & Nest Teardown, and Nest Check  |
| 8:45 a.m.                       | Depart for Rec Center / Outdoor Challenge Course |
| 9:00 a.m.                       | Open Rec and Ziplining!                          |
| 11:00 a.m.                      | Depart for Closing                               |
| 11:30 a.m.                      | Closing Ceremony & Awards                        |
| 12:15 p.m.                      | Room Check Out                                   |