



HEALTH AND SAFETY MEASURES – Summer 2020

At Southeast Missouri State University, our highest priority is the safety of our students and all of our Redhawk community. Due to the current situation regarding the novel coronavirus COVID-19 pandemic, we are particularly keen on taking precautions. As Missouri has entered Phase 2 of reopening on June 16, we are preparing to welcome up to 80 students each session to participate in CampRedhawk. To do so responsibly, we are following local, state, and federal guidelines, including the Centers for Disease Control (CDC) and its [suggestions for summer camps](#). Based on these guidelines, we have made adjustments to our camp activities and established these health and safety measures for CampRedhawk staff and participants.

NOTE: High-risk individuals are encouraged to be especially cautious to avoid contracting COVID-19. *Per the Centers for Disease Control (CDC), vulnerable populations might be at higher risk for severe illness from COVID-19.*

- Vulnerable populations include people of all ages with underlying medical conditions, such as:
 - chronic lung disease or moderate to severe asthma
 - heart conditions
 - compromised immune system / immune deficiencies
 - severe obesity (body mass index [BMI] ≥ 40)
 - diabetes
 - chronic kidney disease undergoing dialysis
 - liver disease

Screening and Physical Distancing

- **All camp staff and participants are expected to monitor their own health daily beginning 14 days prior to camp.** If they answer YES to any of the following questions, they should ***not*** attend camp. These questions will also be asked at check-in.
 - Have you or has anyone in your household had a fever or taken fever-reducing medicine in the last 72 hours?
 - Within the last 72 hours, have you experienced any cold or flu-like symptoms, including loss of taste/smell, cough, sore throat, respiratory illness, or difficulty breathing?

- In the last 14 days, have you or has anyone in your household had close contact with or cared for anyone being tested for or confirmed with COVID-19?
- In the last 14 days, have you or has anyone in your household had close contact or lived with anyone who has been told to self-quarantine?
- **Check-in time has been lengthened to 3pm – 4:30pm to help stagger arrivals.** A camp staff member will be outside of LaFerla Residence Hall to manage check-in flow.
 - To facilitate physical distancing, each camp participant will only be able to have one move-in helper (family member or friend) at a time.
- **Camp participants will be screened at check-in.**
 - Staff will perform a visual inspection of the person for signs of illness which could include flushed cheeks, rapid breathing, or difficulty breathing (without recent physical activity) and fatigue. Staff may also perform a temperature screening with a non-contact infrared thermometer.
 - Individuals who have a fever of 100.4 (38 C) or above or exhibit other signs of illness should ***not*** continue checking in for camp and will be referred to health officials for testing.
- **All camp staff and participants are expected to maintain a 6-foot physical distance from each other as much as possible.** This includes during activities, sessions, and dining. In formal seating arrangements during sessions, everyone will be spread out facing the same direction.
 - Note: the residence hall where camp participants will be staying during camp has suite-style, double occupancy rooms (*2 people per room; 4 share a bathroom and shower*).

Hygiene and Sanitation

- **In addition to physical distancing, it is expected that all camp staff and participants wear a face mask (*covering the nose and mouth*) while in communal spaces indoors; while outdoors, wearing a face mask is at one's own discretion.**
 - Camp participants will be given a free "SEMO Spirit" cloth mask at check-in. Bringing one's own face masks to wear interchangeably during the 4-day camp is encouraged.
 - Wearing a face covering is not only a protective measure but also a visual reminder for others to practice physical distancing. Wearing a face covering does not replace physical distancing.
 - There will be a few camp activities in which 6-foot physical distancing is not possible, so wearing a face mask will be required.

- **Use of communal spaces, such as the residence hall lounge and dining areas, will be staggered as much as possible and cleaned and disinfected in between uses.**
- **Everyone should keep their belongings separate from others' belongings and not share items (i.e. electronic devices, clothes, and so on).**
 - We encourage camp participants to bring a smartphone and/or tablet to access the free University Wi-Fi as a sanitary way to participate in some camp activities. However, those who do not have a smart device will be provided with alternative methods to participate in the activities.
- **All camp staff and participants are expected to maintain personal hygiene, including washing their hands/using hand sanitizer frequently.**
 - Camp participants will be given a pack of pocket tissues and a personal bottle of hand sanitizer to keep with them throughout camp, and camp leaders will have extra tissues and hand sanitizer available if needed.
 - Everyone will be required to wash their hands/use hand sanitizer before entering the dining area.
- **Meals provided at camp will be either pre-packaged for each individual or buffet-style with a 6-foot buffer zone and served by staff wearing protective gear.**

Contingency Plan for When a Staff Member or Participant Exhibits COVID-like Symptoms:

- **The sick person will be isolated from the rest of the staff and participants and their emergency contact will be called.** Depending on how severe their symptoms are, they will be either sent home or to a healthcare facility for evaluation.
- **Per the [University's 5/29/2020 Guidelines](#), our campus Emergency Manager will be contacted.** The Emergency Manager will contact the local health department to report possible COVID-19 case and determine whether close contacts need to leave camp. They will provide guidance regarding how to determine who should be considered a close contact. They will likely require close contacts to be isolated and sent home as soon as possible.
- **Areas used by the sick person will be closed off and not used until they have been thoroughly cleaned.** Cleaning and sanitation will be conducted after 24 hours to reduce risk to individuals cleaning.

REFERENCES

The Centers for Disease Control (CDC)

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/CDC-Activities-Initiatives-for-COVID-19-Response.pdf>

Occupational Safety and Health Administration (OSHA)

<https://www.osha.gov/Publications/OSHA3990.pdf>

U.S. Federal Government

<https://www.whitehouse.gov/openingamerica/>

Cape Girardeau County Health Department

<http://www.cgcohealthdept.com/Corona%20Virus.aspx>

Southeast Missouri State University

<https://semo.edu/sealerts/covid19/>